

Bryan County Schools Middle and High School Lunch Menus



This institution is an equal opportunity provider. Menus are subject to change.

Thursday, August 1

Chicken Fingers
Honey Mustard
Dutch Waffles
Creamed Potatoes/Gravy
Garden Peas
Assorted Fruits
Choice of Milk

Friday, August 2

Cheeseburger & Fries
Build your own toppings:
Lettuce/Tomatoes/Pickles
Coleslaw/ Chili/ Jalapenos
Baked Beans
Assorted Fruits
Choice of Milk



**CHEF + SALAD =
A GREAT CHEF'S SALAD!**

We offer a chef's salad every day as a lunch option! You will receive your chef's salad, juice, and milk for a complete, nutritious, *and* delicious meal choice!

Monday, August 5

Chicken Nuggets & Roll
Garden Side Salad
Green Beans
Twice Baked Potato
Fruit Selection
Choice of Milk

Tuesday, August 6

Pepperoni Pizza
Caesar Salad
Steamed Corn
Garden Peas
Fruit Selection
Choice of Milk



WELCOME BACK !

Our lunchroom workers are looking forward to serving you this year! We make it easy to pay for school meals. Parents may pay online at MySchoolBucks.com or to receive notices regarding account balances. You may also pay directly at school by check or cash. Just remember, if you received free or reduced meals last school year, you must apply each school year for meal benefits! By the way, we just made THAT easier to do, too! You can apply online through the school district website: BryanCountySchools.org. For more information, please call our office at 912) 459-5121. **Have a great school year!**



Wednesday, August 7

Wing Ding Basket & Roll
Long Branch Potatoes
Farm Fresh Vegetable
Assorted Fruits
Choice of Milk



WE SERVE UP GREAT NUTRITION ALL SCHOOL YEAR LONG!

Breakfast

Full Pay: \$1.85
Adult: \$1.85
Reduced: \$0.00
Free: \$0.00

Lunch

Full Pay: \$2.85
Reduced: \$0.00
Free: \$0.00
Visitors: \$3.85

Thursday, August 8

Philly Steak Sandwich
OR
Salisbury Steak & Roll
Mushrooms/Peppers/Onions
Creamed Potatoes/Gravy
Assorted Fruits
Choice of Milk OR


Friday, August 9

Spaghetti & Italian
Meat Sauce & Roll
OR
French Bread Pizza
w/ Marinara Sauce
Caesar Salad
Farm Fresh Vegetables
Black Beans & Corn Salsa
Assorted Fruits
Choice of Milk

Monday, August 12

Bosco Sticks
OR
Corn Dog
French Fries
Raw Carrots & Broccoli/Dip
Fruit Selection
Pudding in a Cup
Choice of Milk

FRUIT
Peaches



Juicy summer peaches are sweet enough to eat for dessert, but they're low in calories and fat. Plus peaches are high in vitamin C, fiber, vitamin A, niacin, potassium, and "phytochemicals," which promote healthy skin.

OF THE MONTH

Tuesday, August 13

Beef Tacos
OR
Burrito
Lettuce/Shredded Cheese
Steamed Corn
Refried Beans & Queso
Salsa & Sour Cream
Assorted Fruits
Sidekick
Milk

Wednesday, August 14

Chicken Fingers
OR
Managers Selection
Dutch Waffle
Creamed Potatoes
Glazed Carrots
Assorted Fruits
Choice of Milk

Thursday, August 15

Cheeseburger
OR
Grilled Chicken Sandwich
Lettuce/Tomatoes/Pickles
Shoe String Potatoes
Baked Beans
Boom Boom Sauce
Assorted Fruits
Milk

Friday, August 16

Chicken & Rice
OR
Tuna Salad on Croissant
Broccoli/Cheese Sauce
Steamed Corn
Assorted Fruits
Cinnamon Roll
Choice of Milk

Monday, August 19

Prime Time
Chicken Sandwich
Waffle Potatoes
Lettuce/Tomato/Pickles
Pasta Veggie Salad
Assorted Fruits
Milk

Tuesday, August 20

Chicken Pot Pie & Roll
OR
Stuffed Crust Pizza
Potato Tots
Garden Side Salad
Assorted Fruits
Milk

Feed Your Mind! See if you can name the title of the book that contains the following characters. (The answers are upside down at the bottom.)

- 1) Scout and Atticus
- 2) George and Lennie
- 3) Jonas, Asher, Fiona
- 4) The Rose, The Fox, The Snake
- 5) Lenore and a narrator telling the story.



1) *To Kill a Mockingbird*, 2) *Of Mice and Men*, 3) *The Giver*, 4) *The Little Prince*, 5) *The Raven*.

Wednesday, August 21

Our Way Sub
OR
Chicken Salad Sandwich
Bag of Chips
Raw Baby Carrots
Caesar Salad
Assorted Fruits
Jell-O/Topping
Choice of Milk

Thursday, August 22

Tornados & Salsa
OR
Two PB&J
Shoe String Potatoes
Raw Broccoli/Carrots/
Tomatoes
Assorted Fruits
Milk

Friday, August 23

Fish
or
BBQ Sandwich
French Fries
Coleslaw
Baked Beans
Assorted Fruits
Happy Birthday Cake
Milk

Monday, August 26

Chicken Fingers
Salisbury Steak & Gravy
Twice Baked Potatoes
Farm Fresh Vegetable
Assorted Fruits
School Baked Roll
Milk

Tuesday, August 27

Beefy Cheesy Nachos
OR
Chicken Quesadilla
Dipping Sauce
Sour Cream
Shoe String Potatoes
Raw Baby Carrots & Dip
Assorted Fruits
Choice of Milk

Wednesday, August 28

Pepperoni Pizza
OR
Chicken Alfredo
Caesar Salad
Farm Fresh Vegetable
Assorted Fruits
Chocolate Iced Cake
Choice of Milk

Thursday, August 29

Cheeseburger & Fries
Build your own topping
Lettuce/Tomatoes/ Pickles
Chili/ Coleslaw/Jalapenos
Baked Beans
Assorted Fruits
Choice of Milk

Friday, August 30

Spaghetti w/ Meat Sauce
Cheese & Roll
OR
French Bread Pizza
Caesar Salad
Farm Fresh Vegetable
Black Beans & Corn Salsa
Assorted Fruits
Choice of Milk

Have a GREAT Labor Day Weekend!

We hope you enjoy your time off!.

It's the last Labor Day of the decade!



Students return
September 4th.
Teachers return
September 3rd.