



Notes From The Nurse...



Friday, April 21st, 2023



'Tis the season for bee stings and mosquito bites! As required by state law, we have at least two EpiPens ready to use in an emergency situation. Please let us know if your child has a history of allergic reaction and especially if medical attention has been required. If you would like to have pain or itch medication available for your child to take in the office please bring it in and sign the appropriate permission paperwork.



Like stomach aches and headaches that I have talked about in the past, I see a lot of students complaining of sore throats too. Students will be sent home if they have a fever (100.4 or higher), and if they have a temp in the mid 90's I send them back to class and check them again in an hour or so. They also may be sent home if after assessing them, and possibly speaking with the teacher, it is determined that they are acting outside of their "normal behavior". I found the following link interesting & informative, <https://www.cdc.gov/groupastrep/diseases-public/strep-throat.html>



To see previous Notes From The Nurse and other health related material that I post please go to <https://www.perry.k12.mi.us/o/es> >Menu >Documents >Notes from the Nurse.



There will be more reminders, but any medications that are in the office for your child will need to be picked up in person by the end of day Friday June 9th or they will be properly disposed of.

Reminders:

- Any child who vomits, has diarrhea, or has a fever of 100.4 or higher, should not attend school until they are fever-free (with no fever-reducing medicine) and/or have not vomited or had diarrhea for a full 24 hours.
- See www.redcross.org/ or heart.org if interested in CPR/AED training.
- Please continue to encourage your child to cover their coughs and sneezes and to wash their hands often with soap and water or sanitizer.
- Children should drink at least 6 to 8 (eight-ounce) cups of water a day.

Thank you very much, feel free to contact me with any questions or concerns.

John Tuttle, RN

Public Health RN, Perry Public Schools

tuttlej@perry.k12.mi.us