

# AUGUST | 2019

## NORWALK CATHOLIC SCHOOL



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

29	30	31	1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22 Chicken Strips Green Beans Veggie Tray Applesauce Milk	23 Cheese Quesadillas Refried Beans Corn Spanish Rice Veggie Tray Pineapple Milk
26 Pepperoni Pizza Green Beans Veggie Tray Peaches Milk	27 Oriental Chicken Rice Peas & Carrots Oriental Vegetables Mandarin Oranges Fortune Cookie Milk	28 Hamburgers Fries Baked Beans Veggie Tray Watermelon Applesauce Milk	29 Bosco Sticks w/ Marinara Sauce Side Salad Sicilian Vegetables Veggie Tray Apple Slices Milk	30 Chicken Sticks Mixed Vegetables Juice Veggie Tray Pineapple Milk

### News

#### Cafeteria Offerings

##### Grades 1-6

**2nd Meal Options:**  
**Peanut Butter/Jelly or**  
**Small Salad**  
**Cheese Stick**  
**Goldfish Crackers**  
**Daily Fruit & Vegetable**  
**Milk**

##### Grades 7-12

**2nd Meal Options:**  
**Chef Salad, Peanut**  
**Butter/Jelly or Turkey**  
**Wrap**  
**Daily Fruit &**  
**Vegetables**  
**Milk**

**We Offer**  
**Fresh Vegetables**  
**Ranch/Hummus**  
**Fresh Fruit**  
**100% Fruit Juice**

**This institution is an**  
**equal**  
**opportunity provider**