Fall Sports Conditioning and Practice (Times are subject to change)

Cross Country

Meeting – August 5 – 8:00 am at Bassett – 9:30 am at Springview August 12-16-4:00-6:00 p.m. Practice at Springview

Football

Conditioning & Practice
August 5 – 7:00-8:00 am – at Bassett
August 6 – 7:00-8:00 am – at Bassett
August 7 – 7:00-8:00 am – at Springview

August 7 – 7:00-8:00 am – at Springview

August 8 – 7:00-8:00 am – at Springview

August 12th & 13th – 4:00-6:30 p.m. at Bassett

August 14th – 4:00-6:00 p.m. at Bassett

August 15th & 16th – 4:00-6:30 p.m. at Bassett

Volleyball

August 5-9 - 7:00-8:00 am at Springview August 12^{th} & $13^{th} - 4:00-6:30$ p.m. at Bassett August $14^{th} - 4:00-6:00$ p.m. at Bassett August 15^{th} & $16^{th} - 4:00-6:30$ p.m. at Bassett

<u>Junior High</u>

August 19 – JH Football, JH Volleyball, and JH & HS Cross Country Practice at Bassett

Any athlete grades 7-12 who wish to participate in athletics must have the following forms turned into the High School office by August 2nd.

Athletes cannot participate until these forms are turned in.

*Physical Form

*Medical Consent Form

*NSAA Form

*Concussion Form

*Rangeland Rehab Consent to Treat Form