

"Changing the Headlines ... Allendale Forward"

April 2019

Sustained Silent Reading

Instructional Strategy

Sustained silent **reading** (**SSR**) is a form of school-based recreational **reading**, or free voluntary **reading**, where students **read** silently in a designated time period every day in school. An underlying assumption of **SSR** is that students learn to **read** by **reading** constantly.

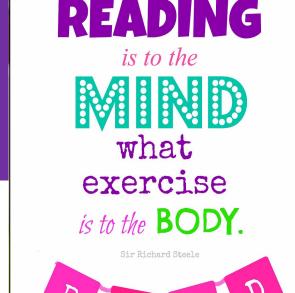
When teachers or parents offer sustained silent reading time, children reap the benefits.

- Enhances reading enjoyment.
 Readers choose their own
 materials for sustained silent
 reading, so children can pick
 books of interest...
- Increases Comprehension
- Builds Vocabulary
- Improves Writing Skills

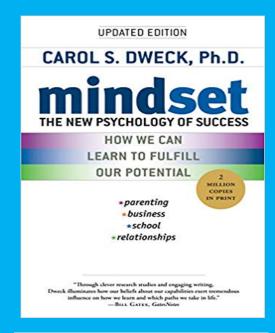


"Books train your imagination to think big."

~Taylor Swift

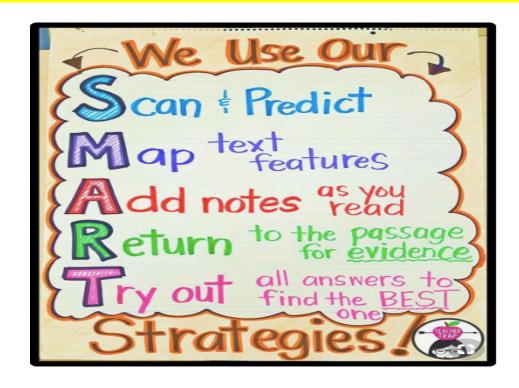


Professional Resource:



Mindset (2006) discusses the differences between people with a fixed mindset versus those with a growth mindset. Our mindset determines the way we deal with tough situations and setbacks as well as our willingness to deal with and improve ourselves. This book demonstrates how we can achieve our goals by changing our mindset.

Reading Test-Taking Strategies



April's Reading Challenge for Parents/Students:

- Read at least one book a day to your child (Pre-K to 2nd grade).
- Discuss with your child what the book was about.
- Keep track of books read (see QR code for Reading Log).



- Students in 3rd 12th grade will checkout a chapter book or novel from the library.
- Have them to read independently 20 minutes every day. Parents, monitor your child's daily reading.
- Have them create a book jacket of book (see QR code for template).



For support, contact **Audrey Patterson**, *Literacy Coach, AFMS & AFHS* or **Starlette Jean**, *Literacy Coach*, AES

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