

"Commerce High School News"

"Something to Protect"

a program for high school females
by
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All of the CHS girls were treated to a program at the First Christian Church of Miami on March 6, 2007. The program was designed to help heal and empower high school girls to make good life decisions with the goal of becoming healthy adults. Breakout sessions for the girls included "Self Esteem", "Secondary Virginity", "STD's" and "Date Rape." Between the sessions the girls were able to browse booths from several organizations. They were then allowed to ask questions. For lunch, the girls were treated to a catered meal by Kim Pace. Following the luncheon, Mary Beth Kissee spoke to the girls about "Something to Protect and Setting a Vision." She encouraged the girls to envision themselves five years from today and to not let anything get in the way of that vision and goal. Following the speaker, each girl received a gift, including a T-shirt, journal, bookmark, makeup and perfume. Each girl then received a door prize from various businesses in the area. The event was deemed a "tremendous success". Sponsors included: Integris Baptist Regional Hospital, Action Graphics, Eastern Shawnee Tribe, Modoc Tribe, Peoria Tribe and WISE UP.



More News

Feb. 5-9, Ms. Bliesath and the Student Council sponsored a spirit week for the school.

Feb. 13, FACS and Mrs. Andrews brought in a regional American Red Cross representative. The speaker spoke to the sophomore class on topics concerning HIV.

Feb. 17 Basketball Games.

The boy's basketball team made it to the regional consolation final in Muskogee.
Boys record 8-18

The girls won the Welch Tournament and made it to the 2nd round of Regionals in Muskogee.
Girls record 14-7

Players receiving All Conference include: Jordan Beckwith, Josh Kelly, Katie Knight, and Lindsey Heathery

Feb 24, The FCCLA sponsored a blood drive in Mrs. Andrews's room. Many students, teachers, and the general public donated blood.

Mar. 2, National Dr. Seuss Day the NHS students went down to AES and read to the students.

Baseball News. Play Ball!

Mar. 7, CHS baseball team beat Miami J.V. 10-8 win

Mar. 8, CHS walloped Afton Eagles 19-2 win

Mar. 9, CHS upended Quapaw 15-4 win

HIGH SCHOOL TECHNOLOGY FESTIVAL AND COMPETITION

The high school TSA competition and festival were held at NEO on February 27th. Sixteen schools were represented. Commerce High School TSA students who placed in a variety categories are:

Extemporaneous speech: Jessica Bauer, Jesse Rogers and Tyler Maxville.

Medical Technology: Blake Tedlock and Jessica Bauer.

Problem Solving: Travis Eads and Zach Barnes

Structural Engineering: Zach Barnes

The CHS "Chapter Team" placed 2nd.