## Manton Summer Feeding Program Chartwells School Dining Services Lunch Menu July 2023 Served 11:30-12:30 Free for Children 18 and under Adults \$5.15

A full student lunch includes a choice of entrée supplying protein and grain, up to 2 vegetable side dishes, 2 fruit side dish, and a choice of $1 \%$ white or skim chocolate milk.
Menu Subject to Change

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
|  | HAPPY 4th | 5 <br> Corn Dog <br> Mixed Vegetables Fruit \& Veggie Bar | 6 <br> Spaghetti/Breadstick Steamed Broccoli Fruit \& Veggie Bar | 7 <br> Chicken Nuggets Sweet Potato Fries Fruit \& Veggie Bar |
|  | 11 <br> Hamburger or Cheeseburger Oven Fries Fruit \& Veggie Bar | $\begin{array}{\|l\|} \hline 12 \\ \text { Pizza } \\ \text { Mixed Vegetables } \\ \text { Fruit \& Veggie Bar } \end{array}$ | 13 <br> Ravioli \& Breadstick Steamed Broccoli Fruit \& Veggie Bar | 14 <br> Hot Dog Sweet Potato Fries Fruit \& Veggie Bar |
| $\qquad$ | 18 <br> Mozzarella Cheese Sticks \& Sauce Oven Fries <br> Fruit \& Veggie Bar | 19 <br> Corn Dog <br> Mixed Vegetables Fruit \& Veggie Bar | 20 <br> Teriyaki Dippers \& Soft Pretzel Steamed Broccoli Fruit \& Veggie Bar | 21 <br> Chicken Nuggets Sweet Potato Fries Fruit \& Veggie Bar |
| $\begin{array}{\|c\|} \hline 24 \\ \text { Bosco Stick \& } \\ \text { Marinara } \\ \text { Corn } \\ \text { Fruit \& Veggie Bar } \\ \hline \end{array}$ | 25 <br> Hamburger or Cheeseburger Oven Fries Fruit \& Veggie Bar |  | 27 <br> Sloppy Joe Steamed Broccoli Fruit \& Veggie Bar | 28 <br> Hot Dog Sweet Potato Fries Fruit \& Veggie Bar |

Breakfast Menu July 2023 Served 8:30-9:15 Free for Children 18 and under Adults \$3.50
A full student breakfast includes a choice of entrée, crackers, fruit, juice and $1 \%$ white or skim chocolate milk.
Menu Subject to Change

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
|  | $\begin{aligned} & \text { HAPPY } \\ & \text { Ath } \\ & \text { tuly } \\ & \text { of } \end{aligned}$ | 5 <br> Breakfast Pizza Crackers, Juice Assorted Fruit Choice of Milk | 6 <br> Ham Croissant Crackers, Juice Assorted Fruit Choice of Milk | 7 <br> Pancakes Crackers, Juice Assorted Fruit Choice of Milk |
| 10 <br> Benefit Bar Crackers, Juice Assorted Fruit Choice of Milk | 11 <br> Ham \& Cheese Croissant Crackers, Juice Assorted Fruit Choice of Milk | 12 <br> French Toast Sticks Crackers, Juice Assorted Fruit Choice of Milk | 13 <br> Fruit Pastries Crackers, Juice Assorted Fruit Choice of Milk | 14 <br> Cinnamon Roll Crackers, Juice Assorted Fruit Choice of Milk |
| 17 <br> Waffles Crackers, Juice Assorted Fruit Choice of Milk | 18 <br> Breakfast Bar Crackers, Juice Assorted Fruit Choice of Milk | 19 <br> Breakfast Pizza Crackers, Juice Assorted Fruit Choice of Milk | 20 <br> Ham Croissant Crackers, Juice Assorted Fruit Choice of Milk | 21 <br> Pancakes Crackers, Juice Assorted Fruit Choice of Milk |
| 24 <br> Benefit Bar Crackers, Juice Assorted Fruit Choice of Milk | 25 <br> Ham \& Cheese Croissant Crackers, Juice Assorted Fruit Choice of Milk | 26 <br> French Toast Sticks Crackers, Juice Assorted Fruit Choice of Milk | 27 <br> Fruit Pastries Crackers, Juice Assorted Fruit Choice of Milk | 28 <br> Cinnamon Roll Crackers, Juice Assorted Fruit Choice of Milk |

## Alternate Entrees Muffin or Cereal

Available with daily with crackers, fruit, juice and choice of milk
Menu Questions or Comments... Please contact Shelley Ritchie Director of Food Service 231-824-6411 "This institution is an equal opportunity provider and employer"

