

**Michigan Department of Education
Office of Health and Nutrition Services
School Nutrition Programs**

**Local Wellness Policy:
Triennial Assessment Summary**

Background

The Healthy, Hunger-Free Kids Act of 2010 requires Local Educational Agencies (LEAs) to update or modify their wellness policy, as appropriate. When wellness committees meet on a regular basis throughout the school year, an assessment plan should be used to ensure progress is being made on the district's wellness policy and procedures.

Purpose

The template below is offered to help summarize the information gathered during your assessment. Members of a school wellness committee who are completing the triennial assessment for their school wellness policy may use this template. It contains the three required components of the triennial assessment, including 1) compliance with the wellness policy, 2) how the wellness policy compares to model wellness policies, and 3) progress made in attaining the goals of the wellness policy.

Results

The copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. Many LEA's choose to post the results on their district website. The triennial assessment summary and the assessment details must be shared.

Recordkeeping

Keep a copy of the most recent triennial assessment, along with supporting documentation on file. This will be needed when you have a School Nutrition Program administrative review.

Resources

<https://www.fns.usda.gov/tn/local-school-wellness-policy>

https://www.michigan.gov/mde/0,4615,7-140-66254_50144-194546--,00.html

Section 1: General Information

School(s) included in the assessment:

Manton Elementary School, Manton Middle School, Manton High School

Month and year of current assessment: April 2022

Date of last Local Wellness Policy revision: December 18, 2018

Website address for the wellness policy and/or information on how the public can access a copy:

<https://www.mantonschools.org/> - Menu - Documents-Wellness Policy & Documentation

Section 2: Wellness Committee Information

How often does your school wellness committee meet? Quarterly

School Wellness Leader:

Name	Job Title	Email Address
Amber Herlein	High School Social Worker	aherlein@mantonschools.org

School Wellness Committee Members:

Name	Job Title	Email Address
Leonard Morrow	Superintendent	lmorrow@mantonschools.org
Ryan Hiller	Middle School	rhiller@mantonschools.org
Char Siddall	High School Principal	csiddall@mantonschools.org
Blair Parcell	High School PE Teacher	bparcell@mantonschools.org
Denise Stutzman	Middle School Secretary	dstutzman@mantonschools.org
Shelley Ritchie	Food Service Director	sritchie@mantonschools.org
Kolby Moore	School Security Officer	kolbymoore@mantonschools.org
Amber Herlein	High School Social Worker	aherlein@mantonschools.org
Jeff Sinkel	Elementary PE Teacher	jsinkel@mantonschools.org
Jon Paul Katona	Elementary Principal	jpkatona@mantonschools.org
Brandon Herlein	Middle School PE Teacher	bherlein@mantonschools.org

Section 3. Comparison to Model School Wellness Policies

Indicate the model policy language used for comparison:

- Michigan State Board of Education Model Local School Wellness Policy
- Alliance for a Healthier Generation: Model Policy
- WellSAT 3.0 example policy language

Describe how your wellness policy compares to model wellness policies.

When developing the Manton Consolidated School Local Wellness Policy, the Michigan State Board of Education Model Local School Wellness Policy was used as a model. All categories/headings found within the Michigan State Board of Education Model Local School Wellness policies are also found within the MCS Wellness Policy.

Section 4. Compliance with the Wellness Policy and progress towards goals

At a minimum, local wellness policies are required to include:

- Specific goals for:
 - Nutrition promotion and education
 - Physical activity
 - Other school based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Using the table below to indicate the progress made with each goal included in the Wellness Policy. The table may be used for each school separately or the district as a whole.

Tip: When developing a wellness plan, ensure activities are meeting goals by developing SMART objectives:

- **Specific:** Identify the exact area to improve.
- **Measurable:** Quantify the progress.
- **Attainable:** Determine what is achievable.
- **Realistic:** Consider resources and determine what can reasonably be accomplished.
- **Time bound:** Identify deadlines for goals and related tactics.

The Centers for Disease Control and Prevention (CDC) has tips for developing [SMART objectives](#).

Michigan Department of Education Local Wellness Policy Assessment Plan

School Name: Manton Consolidated Schools

Date: April 21, 2022

Nutrition Promotion and Education Goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Example: Food and beverages will not be used as a reward for students.	<ul style="list-style-type: none"> a) Provide teachers with list of non-food reward examples. b) Discuss changes at back-to-school staff training. c) Follow-up mid-year to discuss challenges and determine additional communication needed. 	Before the beginning of next school year.	<ul style="list-style-type: none"> – Verbal check-ins with staff to ensure compliance. – Teacher survey at end of school year. 	Principal	Teachers, staff, students	Yes
We want students to make healthy food choices	<ul style="list-style-type: none"> A. Offer a variety of appealing nutritional choices at lunch time and during the day B. Vending machines will only offer healthy snacks during the school day C. Provide students with the nutritional education regarding making healthy choices 	This is a continued goal. 2022 to 2025	<ul style="list-style-type: none"> A. Have conversations with the Wellness Committee to check on implantation B. Committee members will have the authority and ability to check implementation schedule 	Each building principal	Teachers/Staff/Students	ongoing

Physical Activity Goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Offer a variety of different physical activities throughout the school day	<ul style="list-style-type: none"> A. Physical education courses are offered with certified teacher at every grade level B. Alternative activities will be offered at every level <ul style="list-style-type: none"> 1. Athletics 2. Play 60 3. ACES 4. PTO Fun Run 5. Open weightlifting /workout opportunities Staff Wellness Challenges	This is a continued goal. 2022 to 2025	<ul style="list-style-type: none"> A. Have conversations with the Wellness Committee to check on implantation B. Committee members will have the authority and ability to check implementation schedule 	Each building principal	Teachers/Staff/Students	ongoing

School-based activities to promote student wellness goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Promote emotional wellness for our students	<ul style="list-style-type: none"> A. Provide curriculum for emotional wellbeing B. Provide necessary training to staff C. Continue to invest in SEL personnel D. Wellness Center Counseling Opportunities 	This is a continued goal. 2022 to 2025	<ul style="list-style-type: none"> A. Have conversations with the Wellness Committee to check on implantation B. Committee members will have the authority and ability to check implementation schedule 	Each building principal	Teachers/Staff/Students	ongoing

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
To follow all guidelines as published by the USDA regarding breakfast and lunch	A. 3 rd party vendor needs to ensure all nutritional guidelines are met	2022 - 2025	Audits by the State of MI	Food Service Director	Staff/administration/students	ongoing
Limit external sales. i.e. bake sales to the allowable limit	A. All employees wanting to participate in these activities need to fill out the correct paperwork	2022 - 2025	Monitor forms filled out	Building principals	Staff/administration/students	ongoing
Sell only smart snack in vending machines during the school day	A. Ensure monitoring of the vending machines	2022 - 2025	Visual Monitoring	Food Service Director	Staff/administration/students	ongoing

Guidelines for other foods and beverages available on the school campus, but not sold:

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Encourage parents/staff to provide healthy treats, i.e. birthday, holidays	A. Encourage staff to encourage parents in communication about parties/birthdays	2022 - 2025	Observations	Building principals	Staff/administration/students/parents	ongoing

Marketing and advertising of only foods and beverages that meet Smart Snacks:

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
All marketing smart snack compliant	<ul style="list-style-type: none"> A. Check all vending machines for marketing B. Check all food service signs and containers for marketing C. Remove any "non-compliant" marketing 	2022 - 2025	Visual Observations	Food Service Director	Staff/administration/students	ongoing