

Helpful Resources/References

Books For Parents

Overcoming Dyslexia by Sally Shaywitz, M.D.

Dyslexia Outside-the-Box by Nash, B. E.

Books For Kids

My Gift of Difference by Greene, J. A.

Dyslexia is My Superpower (Most of the Time) by Rooke, M., Drennan, C., & Carner, L.

Dyslexia Wonders by Smith, J.

Websites

Understood: www.understood.org

Texas Education Agency:
<https://tea.texas.gov/academics/special-student-populations/dyslexia-and-related-disorders>

Dyslexia Help: <http://dyslexiahelp.umich.edu/>

International Dyslexia Association:
<https://dyslexiaida.org/>

Learning Works for Kids:
<https://learningworksforkids.com/2014/01/online-activities-for-helping-kids-with-dyslexia/>

References

Dyslexia Help. (n.d.). *Writing*. Retrieved July 23, 2020, from <http://dyslexiahelp.umich.edu/professionals/dyslexia-school/writing>

Important Dyslexia Accommodations in the Classroom. (2021, March 18). Good Sensory Learning.
<https://goodsensorylearning.com/blogs/news/dyslexia-accommodations-checklist>

My Champions

It was part of me when my life began
Passed down through generations again and again
My reading may seem labored and slow
The answers to your questions I may not know

My brain hears phonemes quite differently
The letter sounds are a cacophony
In my writing you may observe
Misspellings and reversals have thrown me a curve

This does not mean I am not smart
I am not stupid, I am a work of art
I am gifted, talented, and strong inside
My many strengths I cannot hide

I don't give up, it is never an option
The attitude of success is my adoption

Facing dyslexia has helped me see
There is a champion inside of me

by: Donna St. Clair (2017)

Dyslexia at Home

Equipping Parents and
Empowering Students

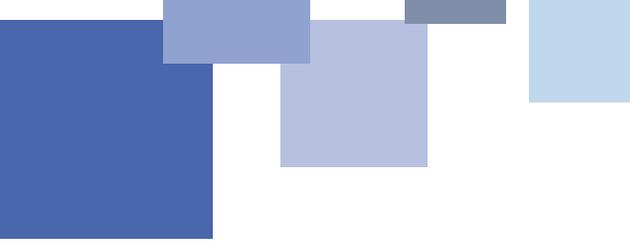
Snook ISD



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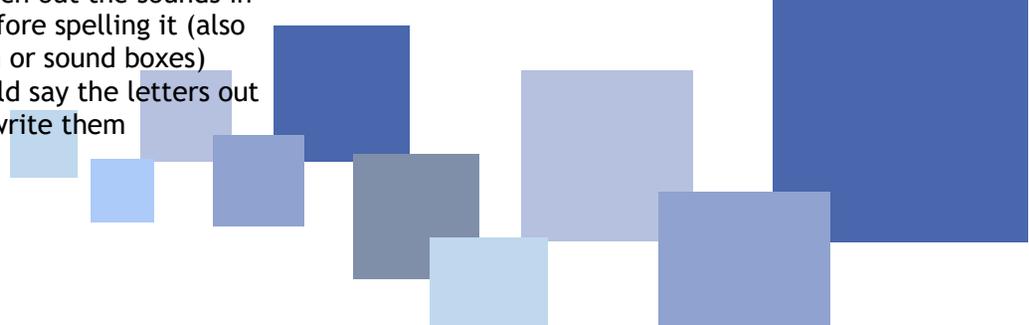
Reading Specialist / Dyslexia Interventionist



Reading

- Utilize audiobooks through Learning Alley and Bookshare for reading (see Mrs. St. Clair for more information)
- Simplify directions and highlight key words
- Use a notecard or piece of paper to track reading
- Chunk reading tasks in to smaller, manageable parts and allow for breaks after completing each part
- Use speech-to-text technology when available

Spelling

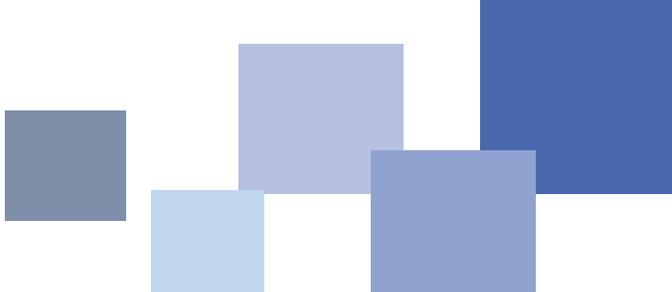
- Use a or device with a spell-checker
 - Provide a bank of words they your child might need to spell before they begin writing to avoid frustration
 - Use different approaches to practice spelling words such as: writing the words in sand, shaving cream, different colors, etc.
 - Use pennies Lego's, etc. to help your child touch out the sounds in each word before spelling it (also called Elkonin or sound boxes)
 - Have your child say the letters out loud as they write them
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Handwriting

- Use cursive vs. print
- Experiment with different pencils, pencil grips, and pens
- Try different types of paper (i.e. colored, raised lines, wide lined, etc.)
- Give verbal instructions about how to form a letter
- Show your child how to make the letter step by step
- Use handwriting apps to practice

Math

- Use graph paper for lining up math problems
- Read word problems aloud and assist with tricky wording
- Use math manipulatives (counters, beans, pennies, shapes, etc.) and colored markers
- Allow them to use a calculator or multiplication chart
- Help them understand the connection between the math they are doing and real life



Self Esteem

- Provide positive reinforcement and praise for the completion of tasks and effort given (don't only point out mistakes)
- Research famous dyslexics online or read books written for kids about dyslexia (see Resources)
- Help them find their talents and tap into their strengths (sports, art, music, etc.)
- Make time and provide opportunities for them to use their creativity
- Make sure they understand what dyslexia is and that it doesn't mean they are "stupid" or unintelligent. They just learn differently.

Organization/Studying

- Provide a picture of directions and schedules
- Keep work spaces uncluttered
- Have a specific, consistent routine for completing homework each night
- Work in a quiet space free of distractions
- Use colored folders, and planners to help them keep track of work and when it is due