



## **Social Emotional Supports at RA**

- Through the school's Tier 1 supports, all students' social emotional needs are addressed through the positive school culture. Classroom teachers instruct and encourage students to advocate for their needs and to be considerate of the needs of others as positive supportive classroom environments are cultivated.
- Direct teaching of social skills is promoted through WBT, the Positivity Project, and Mindfulness practices. The skills are introduced and taught throughout the school at regular intervals in every classroom. Examples of daily social behavior communication skills may include: How to greet someone; How to get the teacher's attention; How to follow instructions; How to make a request; How to accept "no" for an answer; and How to disagree appropriately. Mindfulness practices help students with self-awareness and emotional management. Positivity Project builds empathy and compassion emphasizing "other people matter".
- Students needing extra personal social emotional support (Tier 2 or Tier 3) are able to address serious immediate concerns/crisis by speaking with the School Psychologist or Social worker as soon as they are available that day. The need for this additional student support may initiate from the parent, student, or a staff member.
- Support is also available for regular weekly scheduled counseling time to work on skill development. Students can receive regular scheduled counseling services through several different means: at the request of the teacher with parent permission, parental request for services and the need validated, or counseling services may be part of student's IEP, 504 or RTI plan.

The School Psychologist and Social Worker are the link between the home, school and community in providing direct as well as indirect services to students, families and school personnel to promote and support students' academic and social success through:

### **Consultation**

- Help school staff understand learning and behavior problems and their effects on student achievement. Providing staff with essential information to better understand factors (cultural, societal, economic, familial, health, etc.) affecting a student's performance and behavior.
- Participate in several problem-solving teams to support a student's academic achievement.
- Provide suggestions and recommendations to promote success in the classroom and at home.

- Coordinate services between school staff, home and local community agencies.
- Provide recommendations for community resources and help to promote social and emotional wellness.
- Advocate for student needs both in and out of school.
- Provide direct support to specialized programs within the school.

### **Services to Students:**

- Providing crisis intervention.
- Developing intervention strategies to increase academic success.
- Assisting with conflict resolution and anger management.
- Helping the child develop appropriate social interaction skills.
- Provide individual and group counseling to students during the school day when it is deemed necessary to directly support academic achievement.
- Develop behavior intervention plans to support students whose behaviors impede their learning or the learning of other students.
- Assessing students with mental health concerns.
- Develop educational strategies or action plans to support students in critical skill areas.
- Assist students, staff and families with crises.
- Help student problem-solve conflicts.
- Assisting the child in understanding and accepting self and others.

### **Prevention**

- Help to identify potential learning problems.
- Provide strategies to help parents and teachers address behavior.
- Help promote a climate of cultural proficiency.
- Develop school-wide initiatives to address bullying and promote the use of positive behavioral support.
- Participate in school-based crisis teams to provide training to staff in the event of a crisis.