# CHESTNUT HEALTH SYSTEMS VIRTUAL SCHOOL-BASED SERVICES

#### **BENEFITS**

- Comprehensive virtual mental health services
- Increased collaboration among school staff, parents, and mental health professionals
- Student access to mental health services during the school day
- Mental health and education integration
- Year-round services
- Summer services available

### **THERAPY GROUPS**

- Grief
- Trauma
- Coping Skills

# CHESTNUT HEALTH SYSTEMS VIRTUAL SCHOOL-BASED SERVICES



# **Chestnut Services at Pikeland CUSD 10**

Chestnut Health Systems 50 Northgate Industrial Drive Granite City, IL 62040 (618) 877-4420



# CHESTNUT HEALTH SYSTEMS VIRTUAL SCHOOL-BASED SERVICES



**Chestnut Services at Pikeland CUSD 10** 



## **CHESTNUT HEALTH SYSTEMS VIRTUAL SCHOOL-BASED SERVICES**

### **CHESTNUT SERVICES**

Chestnut mental health services are designed for effective, short term interventions for a variety of difficulties experienced by young people. Our staff is experienced in helping families and children cope with such issues as depression and grief, anxiety, behavioral problems, family conflict, blended family issues, and trauma.



#### **WE PROVIDE**

- Case management
- Consultation and evaluation by a psychiatrist
- Family counseling
- Group therapy
- Individual counseling

### **PROGRAMS INCLUDE**

- Virtual medication services
- School-based services
- Youth and family support services
- Referrals for virtual and residential substance use treatment





### **REFERRAL PROCESS**

#### Social worker or administration:

Complete a referral page and forward to the Chestnut clinician

#### **Parent:**

Call the school and ask administration or social worker how to get services started