

WILDCAT CAFÉ ELEMENTARY LUNCH HEADSTART – 5TH

AUG

MENU 2023

DINOSAUR VALLEY STATE PARK



ANNOUNCEMENTS:

All students are offered a complete meal to include the five (5) food groups. Protein, Dairy, Vegetable, Fruit, and Grain. Students must choose three (3) of the five (5) to be considered a full meal but are encouraged to take all five (5). One (1) of the items chosen must be a fruit or vegetable. A choice of milk is offered daily. A Salad Bar and a cold Grab and Go choice will be offered daily for K – 5th.

Headstart and PK must choose 1% FF white milk.

MENUS ARE SUBJECT TO CHANGE DUE TO AVAILABILITY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1ST

No School

Summer Vacation

2ND

No School

Summer Vacation

3RD

No School

Summer Vacation

4TH

No School

Summer Vacation

7TH

No School

Summer Vacation

8TH

No School

Summer Vacation

9TH

No School

Summer Vacation

10TH

No School

Summer Vacation

11TH

No School

Summer Vacation

14TH

No School

Summer Vacation

15TH

Chicken Crisпитos
Corn
Applesauce

First Day of School

16TH

Popcorn Chicken w/Roll
Scalloped Potatoes
Green Beans
Sliced Peaches

17TH

Mini Corn Dogs
Baked Beans
Snowball Salad

18TH

Hamburger OR
Cheeseburger
French Fries
Sidekicks

21ST

Steak Fingers w/Roll
Mashed Potatoes
w/Gravy
Breaded Okra
Apples

22ND

Beef or Chicken Soft
Tacos
Refried Beans
Peppers & Onions
Grapes

23RD

Cheese Sticks
w/Marinara
Steamed Broccoli
Green Beans
Oranges

24TH

Chicken Nuggets w/Roll
Pinto Beans
Roasted Carrots
Pears

25TH

Cheese Pizza or
Pepperoni Pizza
Curly Fries
Bananas

28TH

Chicken – N – Waffles
Baby Bakers
Green Beans
Fruit Cocktail

29TH

Chicken Quesadilla
Broccoli & Cheese
Pinto Beans
Apples

30TH

French Bread Pizza
Corn
Veggie and Pasta Salad
Blueberries

31ST

Grilled Chicken Legs
w/Cornbread Loaf
Steamed Carrots
Watermelon



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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