

Parent/Guardian,

This year physicals will be held during athletic periods on May 26, 2016 at Groesbeck Middle and High School and cost \$15. Please send money ONLY on the day of physicals. Students will need to fill out and return the packet that accompanies the physical each year.

Those forms include:

- Acknowledgment of Rules,
- Concussion Acknowledgment,
- UIL Drug Testing, Groesbeck Drug Testing, and
- Sudden Cardiac Arrest Awareness.

Any student wishing to play football or volleyball in the fall needs to have ALL forms turned in by the end of the school year. All of these forms can be found online at www.groesbeckisd.net.

This year we are recommending that any student with a history of concussion or heart disease receive a physical from their personal physician. The onsite doctor may not clear a student with these issues.

If you have any questions please feel free to contact me via email.

Thank you,

Eric Ayala, ATC, LAT
Athletic Trainer
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