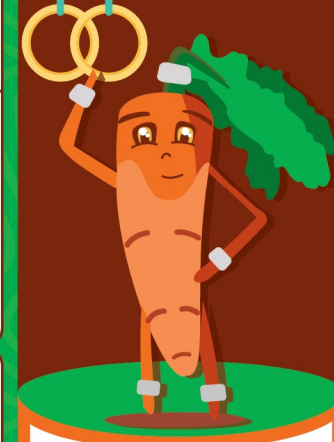


JAN

MENU 2023

GEAR UP FOR GYM



ANNOUNCEMENTS:

- Visitors And Adults \$3.00
- Choice Of Milk: 1% White Milk
- Fat Free Chocolate
- Students May Purchase Extras:
 - Milk .50
 - Fruit .50
 - Entrée \$1.00
 - 8oz Water Bottle .25
- ** Menu Subject To Change

MONDAY

2ND NO SCHOOL

9TH Country Fried Steak W/Gravy OR Hamburger
Fries, Okra, Roll, Strawberries, Milk

16TH NO SCHOOL

23RD Breaded Drumstick OR Chicken Spaghetti W/Breadstick
Garden Salad, Sweet Potatoes, Fresh Fruit Milk

30TH Corn Dogs OR Cheese Burger
Fries, Tomato Cup, Strawberries, Milk

TUESDAY

3RD NO SCHOOL

10TH Tex-Mex Stack OR Chicken Fajitas
Rice, Beans, Carrots, Salsa, Hot Cinnamon Apples, Milk

17TH Chili Cheese Tots OR Meatball Subs

Veggie Cup, Fries, Strawberries, And Bananas, Milk

24TH Walking Taco OR Frito Pie
Beans, Veggie Cup, Chilled Pineapples, Dessert Milk

31ST Nacho Grande OR Pulled Pork Sandwich
Salsa, Beans, Cucumbers, Apricots, Ice Cream, Milk

WEDNESDAY

4TH NO SCHOOL

11TH Chicken Alfredo W/Breadstick OR Pizza
Garden Salad, Green Beans, Peaches, Milk

18TH Chicken Nuggets W/Mac And Cheese OR Asian Bowl W/Egg Roll
Carrots, Squash, Grapes Milk

25TH Pizza OR Lasagna W/Breadstick
Broccoli Salad, Cinnamon Applesauce Milk

THURSDAY

5TH NO SCHOOL

12TH Ranchero Wrap OR Popcorn Chicken W/Roll
Corn, Crunchy Broccoli Salad, Apple Slices, Dessert, Milk

19TH Hamburger W/Chips OR Mozzarella Sticks W/Marina Sauce
Tomato Cup, Garden Salad, Pears Milk, Fruit

26TH Fiesta Bowl OR Boneless Wings W/Chips
Celery, Carrots, Mixed Fruit, Sherbet Cup Milk

FRIDAY

6TH NO SCHOOL

13TH NO SCHOOL

20TH X-Treme Burrito OR Texas Basket
Corn, Cucumbers, Rosy Applesauce, Dessert Milk, Fruit

27TH Chicken Parmesan OR Steak Fingers
W/Gravy and Roll Green Beans, Corn, Peaches Milk

