

# Arkansas School for the Blind and Visually Impaired Breakfast Menu--June 2019

Students must take 1/2 cup of fruit or 1/2 cup of vegetable plus two other items. The USDA and the Arkansas School for the Blind are equal opportunity providers and employers.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



# June 2019



<p>3 Chilled Apple Juice Assorted Fruit Whole Grain Chicken Biscuit Variety Cereal and Nutri-Grain Bar</p> <p>Milk</p>	<p>4 Chilled Grape Juice Assorted Fruit Mini Quiche Blueberry Muffin Variety Cereal and Whole Grain Toast</p> <p>Milk</p>	<p>5 Chilled Orange Juice Assorted Fruit Sunny Omelet/Bacon Variety Cereal and Whole Grain Toast</p> <p>Milk</p>	<p>6 Chilled Blended Juice Assorted Fruit Hearty Oatmeal Whole Grain Croissants Variety Cereal and Pop-Tart</p> <p>Milk</p>	<p>7 Chilled Pineapple Juice Assorted Fruit Morning Sausage Rolls Variety Cereal and Whole Grain Toast</p> <p>Milk</p>
<p>10 Chilled Orange Juice Assorted Fruit Hearty Oatmeal Whole Grain Cinnamon Roll Variety Cereal and Nutri-Grain Bar</p> <p>Milk</p>	<p>11 Chilled Grape Juice Assorted Fruit Fluffy Scrambled Eggs with Cheese Variety Cereal and Whole Grain Toast</p> <p>Milk</p>	<p>12 Chilled Apple Juice Assorted Fruit Grilled Ham Slices Yummy Whole Grain Waffles Variety Cereal and Yogurt</p> <p>Milk</p>	<p>13 Tropical Pineapple Juice Assorted Fruit Hearty Oatmeal Whole Grain Croissant Variety Cereal and Assorted Yogurt</p> <p>Milk</p>	<p>14 Chilled Blended Juice Assorted Fruit Sausage Links French Toast Sticks Variety Cereal and Whole Grain Toast</p> <p>Milk</p>
<p>17 Chilled Grape Juice Assorted Fruit Boiled Egg Hashbrown Potatoes Variety Cereal and Yogurt</p> <p>Milk</p>	<p>18 Chilled Pineapple Juice Assorted Fruit Tasty Oatmeal Mini Donut Bites Variety Cereal and Whole Grain Toast</p> <p>Milk</p>	<p>19 Chilled Blended Juice Assorted Fruit Perfect Pancakes/Sausage Variety Cereal and Pop-Tart</p> <p>Milk</p>	<p>20 Chilled Orange Juice Assorted Fruit Whole Grain Cinnamon Bun Variety Cereal and Yogurt</p> <p>Milk</p>	<p>21 Chilled Apple Juice Assorted Fruit Crisp Bacon Slices Yummy Omelet Whole Grain Toast</p> <p>Milk</p>

Have a safe, happy, and healthy summer!