

Catheterization

A. The Washington State Nursing Quality Assurance Commission has established the following rules:

1. The student's health file will contain a current, written authorization from the parent(s) or guardian for the clean, intermittent catheterization (CIC) of the student.
2. The student's health file will contain written permission from the parent(s) or guardian for the performance of the CIC procedure by non-licensed school employees. CIC may be performed by non-licensed school employees based upon a registered nurses assessment.
3. The student's health file will contain a current written authorization for CIC from the student's Licensed Healthcare Provider (LHP) and will include written instructions for the procedure. The order will be reviewed and/or revised each school year.
4. The service will be offered to all students.
5. A registered nurse will develop instructions specific for the needs of the student. These will be made available to the non-licensed school employee and be updated each school year.
6. A registered nurse will be responsible for the training of the non-licensed school employees who are assigned to perform CIC of the students.
7. The training of the non-licensed school employee will include but not be limited to:
 - a. An initial inservice training, of a length to be determined by the registered nurse.
 - b. An update of the instructions and a review of the procedure each school year.
 - c. Anatomy, physiology and pathophysiology of the urinary system including common anomalies for the age group served by the employee.
 - d. Techniques common to the urinary catheterization procedure.
 - e. Identification and care of the required equipment.
 - f. Common signs and symptoms of infection and recommended procedures to prevent the development of infections.
 - g. Identification of the psychosocial needs of the parent/guardian and the students with emphasis on the needs for privacy and confidentiality
 - h. Documentation requirements.
 - i. Communication skills including the requirements for reporting to the registered nurse or the parents/guardians.
 - j. Medications commonly prescribed for the student with CIC and their side effects.
 - k. Contraindications for CIC and the procedure to be followed if the non-licensed school employee is unable to catheterize the student.
 - l. Training in catheterization specific to the student's needs.
 - m. Developmental growth patterns of the age group served by the employee.

- n. Utilization of a teaching model to demonstrate catheterization techniques with return demonstration performed by the non-licensed school employee, if a model is available.
- o. The training of the non-licensed school employee will be documented in the employee's permanent file.

8. Delegation and Supervision-The registered nurse supervises and evaluates the performance of the non-licensed school employee, including direct observation or other method of verification of competency. The registered nurse re-evaluates the student's condition, the care provided by the non-licensed school employee, the outcome of the task and any problems. The supervision of the self-catheterizing student will be based on the needs of the student and the skill of the non-licensed school employee as assessed by the registered nurse.

KETTLE FALLS SCHOOL DISTRICT NO. 212

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