**KANSAS STATE STANDARDS FOR PHYSICAL EDUCATION**

***CHECKLIST*:** ***Kindergarten***

|  |  |  |
| --- | --- | --- |
| **Standard** | **Dates Taught** | **Notes** |
| **Motor Skills** |
| **MS-1-1a:** Demonstrates the ability to move using a variety of locomotor skills. |  |  |  |  |  |
| **MS-1-1b:** Demonstrates clear contrasts between slow and fast movements traveling in different directions *(i.e. – sideways, backward)* and in personal and general space. |  |  |  |  |  |
| **MS-1-1c:** Maintains momentary balance in a variety of positions and levels. |  |  |  |  |  |
| **MS-1-1d:** Projects objects through space using various means (*i.e. – rolling, sliding, throwing).* |  |  |  |  |  |
| **MS-1-1e:** Catches a self-tossed ball after it bounces. |  |  |  |  |  |
| **MS-1-1f:** Strikes a balloon repeatedly with different body parts. |  |  |  |  |  |
| **MS-1-1g:** Performs a simple rhythmic pattern. |  |  |  |  |  |
| **Learning Concepts** |
| **LC-2-1a:** Recognizes locomotor skills, levels, and pathways when demonstrated. |  |  |  |  |  |
| **LC-2-1b:** Understands and responds appropriately to terms of over, under, beside, between, in, out, above, below, front, and back. |  |  |  |  |  |
| **LC-2-1c:** Identifies various body parts *(i.e. – head, knee, shoulder, back).* |  |  |  |  |  |
| **Active Participation** |
| **AP-3-1a:** Participates regularly in a variety of non-structured physical activities outside of physical education class *(i.e. – tag, hide and seek).* |  |  |  |  |  |
| **AP3-1b:** Participates regularly in games and activities that use manipulatives *(i.e. – balls, hoops, beanbags)* outsideof physical education class. |  |  |  |  |  |
| **Physical Fitness** |
| **PF-4-1a:** Participates in a variety of games that increase breathing and heart rate. |  |  |  |  |  |
| **PF-4-1b:** Demonstrates sufficient muscular strength by supporting body weight in various activities. |  |  |  |  |  |

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| **Standard** | **Dates Taught** | **Notes** |
| **Personal and Social Behavior** |
| **PSB-5-1a:** Follows instructions in games and activities. |  |  |  |  |  |
| **PSB-5-1b:** Demonstrates self-discipline and responsibility while actively participating in group, individual, and partner activities. |  |  |  |  |  |
| **PSB-5-1c:** Resolves conflicts with others in socially acceptable ways. |  |  |  |  |  |
| **PSB-5-1d:** Respects others, equipment, and learning environment. |  |  |  |  |  |
| **PSB-5-1e:** Helps others in the physical activity setting through actions and words. |  |  |  |  |  |
| **Activity Appreciation** |
| **AA-6-1a:** Participates regularly in a variety of non-structured physical activities outside of physical education class *(i.e. – tag, hide and seek).* |  |  |  |  |  |
| **AA-6-1b:** Continues to participate when learning a new activity even when not successful. |  |  |  |  |  |
| **AA-6-1c:** Understands the importance of participating with others. |  |  |  |  |  |