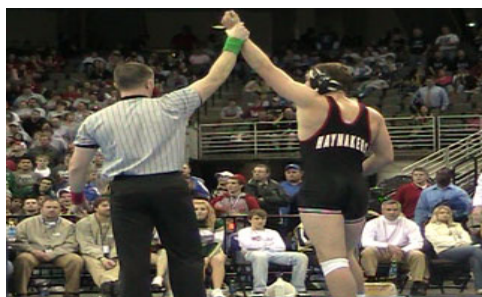




# **HAWK**



## **Haymaker Area Wrestling Klub**



Big Guns (Grades 7-12) Wednesday & Friday @ 7:15-8:45 am

-Big Guns Annual Fee: \$125

Young Guns (Grades 2-6) Wednesday & Friday @ 9:00-10:15 am

-Young Guns Annual Fee: \$75

Little Guns (Grades K-1) TBA

Starts last week in May; see club workout schedule

**Cost:** \$125 (Big Guns) or \$75 (Young Guns) for full year program (1<sup>st</sup> family mem)

-2<sup>nd</sup> additional family member is \$50

-3<sup>rd</sup> additional family member is \$25 each additional athlete

### **Year Long Wrestling Membership**

\*Summer folkstyle sessions on Wednesday's & Friday's

\*Fall Pre-Season workouts in October/November

\*Winter In-Season drill sessions; Tuesday's 7:00-7:45 pm

\*Open access to facility for wrestling purposes; private lessons, parent/son workouts, etc.

\*HAWK sponsored wrestling camp discount rates

**Facility:** 819 Ave H, downtown Cozad

### **Coaching Staff**



Derek Hammerlun

(cell # 308-325-3448)

derek.hammerlun@cozadschools.net

Head Wrestling Coach: 1998-present (Cozad/Medicine Valley)

Top 10 Teams: 2002-6<sup>th</sup>, 2003-6<sup>th</sup>, 2004-4<sup>th</sup>, 2005-4<sup>th</sup>, 2006-8<sup>th</sup>,  
2013-8<sup>th</sup>, 2014-5<sup>th</sup>

State Champions: 5

State Finalists: 14

State Medalists: 47

State Qualifiers: 119

## **HAWK/Big Guns Wrestling Camp Series 2019**

### **HAWK Intensive Camp**

### **Grades 7-12**

Friday, May 31	HAWK Intensive Camp	HAWK Facility, Cozad
Saturday, June 1	HAWK Intensive Camp	HAWK Facility, Cozad
Sunday, June 2	HAWK Intensive Camp	HAWK Facility, Cozad

### **HAWK Leg Rider's Delight Camps**

### **Grades 4-12**

Wednesday, June 5	Leg Rider's Delight Camp	Norfolk, NE H.S.
Thursday, June 6	Leg Rider's Delight Camp	Norfolk, NE H.S.
Friday, June 7	Leg Rider's Delight Camp	O'Neill, NE H.S.
Tuesday, June 11	Leg Rider's Delight Camp	HAWK Facility, Cozad

### **Gothenburg Legends Camp**

### **Grades 7-12**

Wednesday, June 19	Gothenburg Legend's Camp	Gothenburg H.S.
Thursday, June 20	Gothenburg Legend's Camp	Gothenburg H.S.
Friday, June 21	Gothenburg Legend's Camp	

-Coach Hammerlun is interested in taking a dual team to this tournament to get matches; grades 7-12