

Parent & Child Activity Calendar

Early Childhood

Watertown Preschool Collaboration
and Family Resource Center



THE PARENT INSTITUTE®

Parent & Child Activity Calendar

Early Childhood
Parents
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
February 2018				1 Will your child start kindergarten in the fall? Find out when to register.	2 Start a chain of hearts. Cut out small hearts. Each day, write a reason you love your child on one and attach it to the chain.	3 Invite a friend to play with your child. Encourage your child to share and take turns.
4 Find out when the next children's event is at your local library. Mark it on the calendar and plan to attend.	5 Sing "Old MacDonald Had a Farm" with your child and take turns making the animal sounds.	6 Take turns telling a story. Say, "There once was a family who lived" Have your child fill in the blank.	7 At bedtime tonight, tell your child a story about yourself when you were her age.	8 Plan a No TV night. Read, play games or listen to music instead.	9 Involve your child in a job you have been meaning to do. Organizing toys is a great idea.	10 Visit the post office and help your child mail Valentines today.
11 As you do errands, talk to your child about the different jobs people do.	12 Call your local fire station and ask if there is a time you can schedule a visit with your child.	13 After your child goes to bed, leave a Valentine where he'll see it first thing tomorrow morning.	14 Ask your child to tell you about something she loves.	15 Let your family try eating with chopsticks tonight.	16 Does your child need some new books? Consider organizing a neighborhood book swap.	17 Make an I'm Bored Box. Fill it with craft activities and things to read.
18 Play catch with your child. Stand close and toss a large light ball back and forth.	19 Can your child think of a different ending to his favorite story? What would he do if he met the characters?	20 Help your child practice cutting with safety scissors. Have her cut in a straight line and then a curve.	21 Ask your child to hop like a bunny, crawl like a turtle or slither like a snake.	22 Take a short walk with your child before bedtime. Ask him to describe what it feels like outside.	23 Create a costume box for your child. Add yard sale treasures such as gloves, jewelry and shoes.	24 Take your child to a playground where she can run, jump and climb safely. These are important motor skills.
25 Look through a magazine and find three objects your child is familiar with. Ask your child to find them and circle them.	26 Let your child use tweezers to pick up small items such as cereal. This builds muscles needed for writing.	27 Place a long piece of string in a clear bag. Ask your child if it is longer or shorter than his height. Take it out to check.	28 Give your child a spoon to use as a ruler. Ask her to measure items in your home. How many spoons long are they?			