Fair Play Health and Wellness Assessment

These questions were reviewed by the Health and Wellness Committee to see if any revisions, deletions or substitutions were needed to current policies:

- 1. Are the goals of physical education and nutrition education being met through school and after school curriculum? *The Wellness Committee agrees that goals are met.*
- 2. Is physical and nutritional education available during summer months? **Yes, during** summer school.
- 3. Do we feel that the students' nutritional needs are met through the Food Service Program? **yes**
- 4. Do our students have adequate space, time and an enjoyable climate to eat? Are hand washing or sanitizing facilities available for students and staff? **yes to both questions**
- 5. Are handouts or flyers available to parents and staff concerning exercise and nutrition? Yes, in health office, community information tables, and at monthly family nights.
- 6. Are developmentally appropriate health related assessments introduced to students to prepare them for future assessments? Yes, at annual Health Expo and through Physical Education assessments.
- 7. Does the health office send reminders or notices to parents when regular immunizations required by school policy are due? **Yes**
- 8. Is the health office aware of resources to recommend to community and school populations? **Yes**
- 9. Have health related trainings been made available to interested health office staff? Yes, many opportunities are made available throughout the year.
- 10. Are any changes recommended at this time? The Health and Wellness Committee believes that no changes are needed at this time.

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