

AR  
Barton High School (Barton School District)  
P.O. Box 97  
Barton AR 72312  
870-572-6867

### Health and Wellness School Improvement Priority

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#### Section I: School Information

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School Name:	Barton School District
School LEA Number:	5401003

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School Year: 2022-2023

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#### Section II: Needs Assessment

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##### School Health Index Assessment

☒ Check box if completing the SHI Assessment online

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If completing the SHI Assessment online, a reference number must be provided.

Reference Number:	Bart544341
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##### Reviewer Comments:

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##### Body Mass Index (BMI)

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##### **Develop a brief narrative of student BMI trends based on the analysis of the data.**

Barton School District completes BMI screening for all 8th and 10th grade high school students. BM classifications for the 2021-2022 school year are described below:

In 8th grade, 50% of females were healthy, 18.75% were overweight, and 31.25% were obese; 3.23% of males were underweight, 48.39% were healthy, 9.68% were overweight, and 38.71% were obese.

In 10th grade, 9.09% of females were underweight, 54.55% were healthy, 18.18% were overweight, and 18.18% were obese; 54.55% of males were healthy, 13.64% were overweight, and 31.82% were obese.

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**Additional Health Data** (Optional)

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**Develop a brief narrative of other health and wellness data.** (Optional)

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**Reviewer Comments:**

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**Section III: Health and Wellness Goals**

Indicate the LEA's compliance with the following State Mandates:

**These checkboxes are required.**

- ☒ The LEA will coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee (**AR Code §6-20-709**).
  - ☒ The LEA has implemented space in the facility to accommodate breastfeeding mothers (**AR Code §6-18-719**).
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**Topic 1: Coordination and Implementation of Healthy Nutrition Environment for Students**

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**Goal 1 Measurable Objective**

Barton High School will provide coordination and support to improve a healthy nutritional environment for students 7th-12th grade. Students will be educated on nutritional information and informed on food service being offered. The district will monitor the obesity rates for 8th and 10th grade. The districts goal is to reduce the high school obesity rate by 2% during 2022-2023.

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**Goal 1 Activities**

Activity	Person Responsible	Timeline
Students will be provided with a salad bar.	V. Turner	August 2022- May 2023
Display nutritional posters throughout the cafeteria.	V. Turner	August 2022- May 2023
All students will receive a free breakfast and lunch daily.	V. Turner	August 2022- May 2023
District Nurse will conduct BMI screenings.	M. Bonds	August 2022- May 2023
Guest speaker will educate 7th-12th grade on different aspects of nutrition.	M. Miller	August 2022- May 2023

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**Reviewer Comments:**

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## Topic 2: Coordination and Implementation of Physical Activity and Education for Students

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### Goal 2 Measurable Objective

Increase physical activity for high school students by offering lunch time intramural activities.

Research additional P.E. options.

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### Goal 2 Activities

Activity	Person Responsible	Timeline
Implement an archery program.	G. Poole	August 2022- May 2023
Coordinate one intramural lunchtime activity per week.	S. Carpino	August 2022- May 2023

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### Reviewer Comments:

Increase physical activity by how much? Remember, an objective should clearly answer, one or all the following questions:

- How much?
- How many?
- How will I know that it's accomplished?

SW 11/28/22

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## Topic 3 (Optional): Coordination and Implementation of Health and Safety (Whole Child) for Students

(NOTE- this goal may focus on any School Health Index (SHI) Assessment Module)

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### Goal 3 Measurable Objective

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### Goal 3 Activities

Activity	Person Responsible	Timeline

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### Reviewer Comments:

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#### Topic 4: Inclusion of School-wide Health Related Professional Development

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List school-wide health related professional development sessions planned for school staff (Nutrition and Physical Activity staff development must be provided):

Session Title	Trainer/Organization	Session Duration
CPR & Stop the Bleed	Great Rivers Co-op	3 hours
Mental Health	M. Miller & T. Fender	1 hour

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Reviewer Comments:

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#### Topic 5: Inclusion of Built Environment Strategies

In the box below, list the LEA's current efforts to create school spaces that increase opportunities for physical activity and promote access to nutritious foods for students:

The district has an indoor practice facility that can be utilized by all students and staff.

The football field serves as a year-round playing surface and has a walking track that students, staff, and the community can utilize.

The school will provide students with healthy choices for breakfast and lunch.

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Reviewer Comments:

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Reviewer Response:

☒ ADE Reviewed

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Reviewer Comments:

Please make requested revisions and resubmit. SW 11/28/22

At this time, please keep the comments mentioned above in mind for future submissions. Proceed to the Submissions Tab and click the submit button in order to complete the submissions process. Thank you, SW 4/14/23