

AR
Barton Elementary School (Barton School District)
P.O. Box 97
Barton AR 72312
870-572-3984

Health and Wellness School Improvement Priority

Section I: School Information

School Name:	Barton Elementary School
School LEA Number:	5401002

School Year: 2021-2022

Section II: Needs Assessment

School Health Index Assessment

☒ Check box if completing the SHI Assessment online

If completing the SHI Assessment online, a reference number must be provided.

Reference Number:	Bart 563568
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Reviewer Comments:

The correct reference number is Bart563568

There should be green check marks next to Modules 1-4, 10 & 11. Please complete these modules and resubmit. SW 4/4/22

Complete the Plan for Improvement portion within the SHI assessment. At least 2 actions are required. Re-submit the Indistar form once the SHI Plan for Improvement is updated. SW 4/4/22

Body Mass Index (BMI)

Develop a brief narrative of student BMI trends based on the analysis of the data.

The BMI classifications for students in grades K, 2, and 4 at Barton Elementary School 2020-2021 are as follows: Males- healthy weight 41%, overweight and obesity 27%; females- healthy weight 50%, overweight and obesity 27%. Overall, BMI classification results for Barton Elementary Schools show 12% of all children grades K, 2, 4 measured in the overweight category and approximately 13.3% in the obesity category.

all children measured were identified as obese. 29% of the students were unable to screen due to covid 19.

The school nurse reported results to parents to inform them if their child has a health risk. There has been a great effort to provide healthier lunches and snack with more fruits and vegetables.

The LEA will coordinate with the Nutritional Supervisor, Vicki Turner, to ensure menus are reviewed quarterly by the district wellness committee. The LEA will ensure the district policy is in compliance with state and federal mandates.

AR department data system indicated a total enrollment of 390 including PreK through 6th grade and 165 were screened in grades K, 2, and 4. 29% were not screened due to covid.

Additional Health Data (Optional)

Develop a brief narrative of other health and wellness data. (Optional)

Reviewer Comments:

Good job on obtaining BMI data for your school. For future references, a brief narrative of student BMI data is preferred **in addition to listing the percentages within the school**. What conclusion can be drawn from your school's BMI data? SW 4/1/22

Section III: Health and Wellness Goals

Indicate the LEA's compliance with the following State Mandates:

☒ The LEA will coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee **(AR Code §6-20-709)**.

Topic 1: Coordination and Implementation of Healthy Nutrition Environment for Students

Goal 1 Measurable Objective

Barton Elementary will provide coordination and support to create a healthy nutritional environment for students in grades Pre K through 6th grade. After the review of the past year's data, 100% of the students will be more informed of the food services being offered. Information will be given to teachers as well as being posted throughout the buildings.

Goal 1 Activities

Activity	Person Responsible	Timeline
Updated nutritional posters will be displayed throughout the cafeteria.	Vicki Turner	May 2022

Fresh fruit and vegetables grant will be used to provide healthy foods to students daily.	Vicki Turner	May 2022
Students will be allowed to refill personal water bottles throughout the day at the refilling stations.	Bernie Winkel	May 2022
Every student will receive free breakfast and lunch daily. CEP	Tina Morrow	May 2022

Reviewer Comments:

Your school is on the right path. All that's left to do at this point is make your statement more measurable. What exactly is it that your school is planning to increase/decrease? And by how much?

An objective should clearly answer, one or all the following questions:

- How much?
- How many?
- How will I know that it's accomplished? Please modify the objective and resubmit.

An example may be, "After a review of past school health assessments, 75% of students will engage in nutrition education one day per week by May 2022."

Please modify the objective and resubmit

SW 4/4/22

Topic 2: Coordination and Implementation of Physical Activity and Education for Students

Goal 2 Measurable Objective

After review of the current physical activity within the school, opportunities for student engagement will increase by 80% by May 2022 as all students are on campus.

Goal 2 Activities

Activity	Person Responsible	Timeline
The new PE facility will be utilized for all sports, band and cheer The facility is also used for afterschool activities.	Spencer Adams	May 2022
5th and 6th grade PE classes are conducted in the new facility.	Greg Poole	May 2022

Reviewer Comments:

Topic 3 (Optional): Coordination and Implementation of Health and Safety (Whole Child) for Students
(NOTE- this goal may focus on any School Health Index (SHI) Assessment Module)

Goal 3 Measurable Objective

Goal 3 Activities

Activity	Person Responsible	Timeline

Reviewer Comments:

Topic 4: Inclusion of School-wide Health Related Professional Development

List school-wide health related professional development sessions planned for school staff (Nutrition and Physical Activity staff development must be provided):

Session Title	Trainer/Organization	Session Duration
School nurse will provide professional development on how to destress and cope with mental health for the staff.	Marla Bond	Twice a year
Yoga instruction will be offered to all staff to promote a healthy lifestyle.	Jackie Dean	30 minute sessions

Reviewer Comments:

Reviewer Response:

☒ ADE Reviewed

Reviewer Comments:

in the Plan for Improvement portion within the SHI assessment, Action 1 needs to be revised. Re-submit the

Indistar form once the SHI Plan for Improvement is updated. BR 3/21/22

Please make the requested revisions and resubmit. SW 4/4/22