

AR
Barton High School (Barton School District)
P.O. Box 97
Barton AR 72312
870-572-6867

Health and Wellness School Improvement Priority

Section I: School Information

School Name:	Barton High School
School LEA Number:	5401003

School Year: 2021-2022

Section II: Needs Assessment

School Health Index Assessment

☒ Check box if completing the SHI Assessment online

If completing the SHI Assessment online, a reference number must be provided.

Reference Number:	Bart544341
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Reviewer Comments:

Body Mass Index (BMI)

Develop a brief narrative of student BMI trends based on the analysis of the data.

The BMI classifications for students in grades 8 at Barton High School 2020-2021 are as follows: Males- healthy weight 48.4%, overweight and obesity 42%; females- healthy weight 58.3%, overweight and obesity 38%. Overall, BMI classification results for Barton Elementary Schools show 13.7% of all children grade 8 measured in the overweight category and approximately 29.4% of all children measured were identified as obese. 4- 8th grade students and 37 - 10th grade students were unable to screen due to covid 19.

The school nurse reported results to parents to inform them if their child has a health risk. There has been a great effort to provide healthier lunches and snack with more fruits and vegetables.

The LEA will coordinate with the Nutritional Supervisor, Vicki Turner, to ensure menus are reviewed

quarterly by the district wellness committee. The LEA will ensure the district policy is in compliance with state and federal mandates.

AR department data system indicated a total enrollment of 314 including 7th through 12th grade and 51 students were screened in grade 8 and 41 students were not screened due to covid.

Additional Health Data (Optional)

Develop a brief narrative of other health and wellness data. (Optional)

Reviewer Comments:

Section III: Health and Wellness Goals

Indicate the LEA's compliance with the following State Mandates:

☒ The LEA will coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee **(AR Code §6-20-709)**.

Topic 1: Coordination and Implementation of Healthy Nutrition Environment for Students

Goal 1 Measurable Objective

Barton High School will provide coordination and support to create a healthy nutritional environment for students in grades 7-12th grade. After the review of the past year's data, students will be more informed of the food services being offered.

Goal 1 Activities

Activity	Person Responsible	Timeline
Updated nutritional posters will be displayed throughout the cafeteria.	Vicki Turner	May 2022
Fresh fruit and vegetables grant will be used to provide healthy foods to students daily.	Vicki Turner	May 2022
Students will be allowed to refill personal water bottles throughout the day at the refilling stations.	Scott Carpino	May 2022
Every student will receive free breakfast and lunch daily. CEP	Tina Morrow	May 2022

Reviewer Comments:

Topic 2: Coordination and Implementation of Physical Activity and Education for Students

Goal 2 Measurable Objective

After review of the current physical activity within the school, opportunities for student engagement will increase by 80% by May 2022 as all students are on campus.

Goal 2 Activities

Activity	Person Responsible	Timeline
The new PE facility will be utilized for all sports, band and cheer. The facility is also used for afterschool activities.	Spencer Adams	May 2022
Weight training classes and HS PE classes are conducted in the new facility.	Spencer Adams	May 2022

Reviewer Comments:

Topic 3 (Optional): Coordination and Implementation of Health and Safety (Whole Child) for Students

(NOTE- this goal may focus on any School Health Index (SHI) Assessment Module)

Goal 3 Measurable Objective

Goal 3 Activities

Activity	Person Responsible	Timeline

Reviewer Comments:

Topic 4: Inclusion of School-wide Health Related Professional Development

**List school-wide health related professional development sessions planned for school staff
(Nutrition and Physical Activity staff development must be provided):**

Session Title	Trainer/Organization	Session Duration
School nurse will provide professional development on how to destress and cope with mental health for the staff.	Marla Bond	Twice a year
Yoga instruction will be offered to all staff to promote a healthy lifestyle.	Jackie Dean	30 minute sessions

Reviewer Comments:

Reviewer Response:

☒ ADE Reviewed

Reviewer Comments: