

March

2023

Shelton Public School lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	We are an equal opportunity provider.	All meals are served with low fat or skim milk choices.	Hot ham & cheese WG chips Veggie cup Fruit	Soft shell taco Refried beans Spanish rice Fruit	Fish sandwich Tri tater Veggie cup Fruit	
5	6 Super nachos Refried beans Fruit WG cookie	7 Hamburger w/WG bun French fries Green beans Fruit	8 Pig in a blanket Baked beans WG chips Fruit	9 No school Spring Break	10 No School Spring Break	11
12	13 No School Teacher Development	14 No School Teacher work day	15 Chicken &noodles Mashed potatoes Green beans Fruit	16 Ham dandy Mixed vegetables WG Roll Fruit	17 Cheese Pizza Tossed salad Fruit WG Cookie	18
19	20 Texas spaghetti WG French bread stick Tossed salad Fruit	21 Walking tacos Refried beans Pineapple	22 Corndog Tri tater Mixed vegetables Fruit	23 Sloppy Joe Sandwich Pasta salad Gel Fruit cup WG Chips	24 Grilled cheese Tomato soup Potato salad Fruit	25
26	27 Chicken sandwich Sweet potato fries Peas Fruit	28 Lasagna Tossed salad WG Fr Bread stick Fruit	29 Chicken fried steak Mashed potatoes Corn Fruit	30 Scalloped potatoes & ham WG dinner roll Mixed vegetables Fruit	31 PBJ, Tuna or egg salad Macaroni & cheese Veggie cup Fruit	
	Entrée options are available for all grades.					