

# March

# 2023

## Shelton Public School breakfast

| Sunday | Monday   | Tuesday   | Wednesday   | Thursday  | Friday   | Saturday |
|--------|--|---|---|---|--|----------|
|        | All meals are served with low fat or skim milk.        | We are an equal opportunity provider.                   | 1<br>Breakfast pizza<br>Fruit<br>Juice Milk               | 2<br>Cereal choice<br>Cheese stick<br>Fruit Juice Milk  | 3<br>Low fat yogurt<br>WG Donut<br>Fruit Juice Milk          | 4        |
| 5      | 6<br>WG Pancakes<br>Egg patty<br>Fruit Juice Milk      | 7<br>Cereal choice<br>Cheese stick<br>Fruit Juice Milk  | 8<br>Sausage Egg biscuit<br>Fruit<br>Juice Milk           | 9<br>No school<br>Spring break                          | 10<br>No school<br>Spring break                              | 11       |
| 12     | 13<br>No School<br>Teacher development                 | 14<br>No school<br>Teacher work day                     | 15<br>Breakfast Burrito<br>Fruit<br>Juice Milk            | 16<br>Cereal choice<br>Cheese stick<br>Fruit Juice Milk | 17<br>Low fat yogurt<br>WG cinnamon roll<br>Fruit Juice Milk | 18       |
| 19     | 20<br>Sausage gravy on WG Biscuits<br>Fruit Juice Milk | 21<br>Cereal choice<br>Cheese stick<br>Fruit Juice Milk | 22<br>Breakfast Casserole<br>WG Toast<br>Fruit Juice Milk | 23<br>Cereal choice<br>Cheese stick<br>Fruit Juice Milk | 24<br>Low Fat Yogurt<br>WG Pop Tart<br>Fruit Juice Milk      | 25       |
| 26     | 27<br>Cheese omelet<br>WG toast<br>Fruit Juice Milk    | 28<br>Cereal choice<br>Cheese stick<br>Fruit Juice Milk | 29<br>French toast<br>Bacon strips<br>Fruit Juice Milk    | 30<br>Cereal choice<br>Cheese stick<br>Fruit Juice Milk | 31<br>Low fat Yogurt<br>UBR Cookie<br>Fruit Juice Milk       |          |
|        |  |   |   |   |  |          |