

# February

# 2023

## Shelton Public School Breakfast

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Sausage egg biscuit Fruit Juice Milk	2 Cereal choice Cheese stick Fruit Juice Milk	3 WG cinnamon roll Low fat yogurt Fruit Juice Milk	4
5	6 Breakfast pizza Fruit Juice Milk	7 Cereal choice Cheese stick Fruit Juice Milk	8 Breakfast casserole WG toast Fruit Juice Milk	9 Cereal choice Cheese stick Fruit Juice Milk	10 NO SCHOOL WINTER BREAK	11
12	13 WG pancakes Bacon strips Fruit Juice Milk	14 Cereal choice Cheese stick Fruit Juice Milk	15 Sausage gravy on WG biscuits Fruit Juice Milk	16 Cereal choice Cheese stick Fruit Juice Milk	17 WG donut Low fat yogurt Fruit Juice Milk	18
19	20 Breakfast burrito Fruit Juice Milk	21 Cereal choice Cheese stick Fruit Juice Milk	22 WG waffles Scrambled eggs Fruit Juice Milk	23 Cereal choice Cheese stick Fruit Juice Milk	24 WG Pop Tart Low fat yogurt Fruit Juice Milk	25
26	27 Cheese omelet WG toast Fruit Juice Milk	28 Cereal choice Cheese stick Fruit Juice Milk	We are an equal opportunity provider.	All meals are served with low fat or skim milk.		