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# RESILIENCE

## THE BIOLOGY OF STRESS & THE SCIENCE OF HOPE



**Join us in viewing the documentary  
"Resilience-The Biology of Stress  
& the Science of Hope."**

Discover how childhood adversity leads to poor adult health outcomes.

*For adults and teens.*

*Supported by the Snohomish Health District.*

**TUESDAY, JUNE 4**  
6 - 7:45 p.m.

**MARYSVILLE LIBRARY**  
6120 Grove St.  
360-658-5000

**sno-isle.org**

Accommodations for people with disabilities will be provided upon request.  
Please contact your library with two weeks advance notice.

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