

Olympia Middle School Cross Country 2019

The 2019 cross country season is just around the corner!

We are looking forward to another season full of new friendships, personal records, and memories that will last a lifetime.

We ask that our student athletes give their best effort in both training and attitude, and aim to be the most loyal, respectful, and encouraging teammate they can be.

No matter how much running experience you have, we would love to have you as a part of our team!



As a way to make the most of the cross country season that lies ahead, an OMS Cross Country Google Classroom has been organized with summer training plans, a place to log summer miles, and information on the upcoming season.

In order to access this Classroom, please send an email to Coach Neylon. You will receive a response with a link (for parents without an Olympia email address) or a classroom code (for students with an Olympia email address) that will allow you to access this resource. Both students and parents are encouraged to use this resource throughout the summer and the season.

Please contact Coach Neylon at naomineylon@gmail.com with any other questions.

We are excited about the season that lies ahead and we look forward to seeing you soon!

Coach Naomi Neylon
Coach Brendan Hoskins