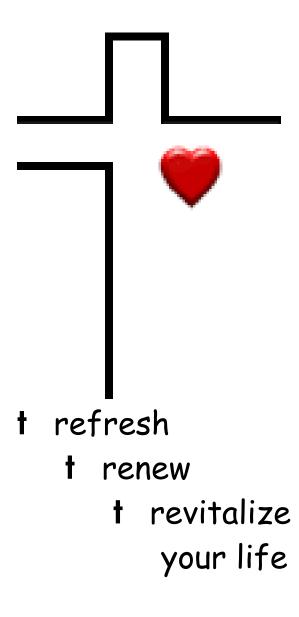
"Christ be our light!
Shine in our hearts."



Reflections from the Past Participants

"Attending this retreat was very uplifting. A truly self-renewing experience. So glad I had the opportunity to meet and share this weekend of thought and prayer with these ladies."

"For me, it was only the beginning of my faith renewal."

"CRHP retreat was the perfect weekend I needed. I had the chance to pause, reflect, and refuel, all in God's grace. I gained a new community in Christ. I found my new home!"

The women's retreat was just what I needed! My faith grew as well as my commitment to this beautiful church community! I used to attend Mass at St Mary's but now I feel that I am part of the St. Mary's family!

"Your word alone has pow'r to save us.

Make us your living voice."

St. Mary's Parish Center

6919 Transit Road Swormville, NY 14051 Women of St. Mary's

You're Invited to a Retreat

March 11 & 12, 2023



"Christ Be Our Light"



"Longing for light, we wait in darkness

Longing for truth, we turn to You"

Welcome!

Christ Renews is a spiritual gathering to help individuals grow in their personal relationship with Jesus Christ and with others in their faith community.

Participants

Women age 19 and older are welcome. Parishioners and non-parishioners, Catholics and non-Catholics are invited to participate. St. Mary's Christ Renews Alumni are also welcome to re-retreat and bring a friend.

Program

This retreat is planned and conducted by individuals who have participated in previous renewal programs. It's an opportunity to step out of your daily routine to focus on, hear and discuss how we live as Catholics in our modern, complex and fast-paced world. You will meet others in our community facing similar life challenges- family, marriage, career, society- as yourself. There will be scripture readings, time for prayer and personal reflection. You will have an opportunity to participate in the sacrament of Reconciliation and attend Mass as you develop a closer and deeper relationship with Christ.

Additional Information

Time & Place: The first day begins in the Parish Center at 8:00 AM.and ends in the afternoon the following day.

Attire: Casual, comfortable clothing is appropriate.

Meals & refreshments are provided.

Cost: A free will offering is gratefully accepted to keep the program sustainable.

"Longing for peace, our world is troubled. Longing for hope, many despair."

A Message From Our Retreat Leader

Dear Ladies,

It is with joy and anticipation that I welcome you to experience the grace and presence of the Lord at St. Mary's 2023 Christ Renews Welcome Retreat. I attended the Christ Renews Welcome Retreat in 2020 and it was a beautiful experience. As a person who is always on the go and finds it difficult to rest, the retreat gave me an opportunity to experience what it's truly like to "Rest in the Lord." Ever since the retreat, I have experienced a closer relationship with Jesus, a stronger faith, and a greater sense that Jesus is walking with me every day. He is my friend, my companion, my counselor, and my heavenly father who I know is guiding me along life's journey and helping me to be my best self, day-by-day.

As a result of the retreat, I became more connected to prayerful music that lifts the spirit and calms the soul. I was encouraged and loved in ways I was surprised and so blessed by. I have enjoyed meeting with the ladies in our follow up meetings as we prayed together, shared witnesses together, and planned for this 2023 retreat. It has truly been a gift to me and has re-grounded me in what is most important in life.

If you answer "yes" to any of these questions, won't you please consider spending the weekend with us?

- ~Do you long for a closer relationship with God?
- ~Do you desire to improve your prayer life?
- ~Would you love to meet Godly women who will support and encourage you not only for these two days, but into the future, if you desire?
- ~Would you love to hear about other women's faith journeys and experience a Christ-centered closeness to other women of faith?

I hope to see you on March 11th. Please prayerfully consider whether God is calling you to join us. This may just be your time.

Peace and blessings,

Register Online

www.stmaryswormville.org

under "Faith Formation"

~Or~

Complete and clip this section and forward to the Rectory Office by February 26,2023 Questions?

Contact Suzanne Bracci (716-348-6429) or Maryellen Diggins (716-636-0422)

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