**Sudden Cardiac Arrest**

**What causes sudden cardiac arrest in student athletes?**

* Inherited condition at birth of the heart mussel
* Inherited condition at birth of the electrical system
* No inherited conditions such as coronary artery abnormalities, Aortic Valve abnormalities, Non-compaction Cardiomyopathy and Wolf-Parkinson’s-White Syndrome.
* Idiopathic or unknown.

**Warning signs of sudden cardiac arrest**

* Fainting, passing out or seizure
* Chest pain or discomfort
* Excessive shortness of breath
* Racing heart
* Dizziness
* Unusual fatigue or weakness
* Fainting
* Family history

**Any student athlete exhibiting any of these signs will be removed immediately by the coach or sponsor. A medical evaluation will be required before a student is cleared for participation.**

**Student Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_**

**Parent/Guardian Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_**