



Mobile Cardiac Overview & Risk Evaluation

## mCORE to Provide Cardiac Screening Opportunity for Highland Community Youth

### IS YOUR CHILD AT RISK? PREVENTATIVE HEART SCREENINGS

The Greg Holthaus Memorial Fund is honored to partner with mCORE and Anderson Hospital to provide cardiac screenings and education to Highland area youth **ages 12-22 years**.

SCA is the #1 Killer of Student Athletes Each Year, many of which could have been prevented with a simple examination like this. **Be aware, be informed!**

#### What Should I Expect?

- Each screening takes approximately 10-12 minutes to complete
- Each participant will receive an EKG and an Echocardiogram screening
- All screenings are completed by a Registered Diagnostic Cardiac Sonographer
- Screening results are read by the mCORE medical director and our team of pediatric cardiologists
- Blood Pressure, Heart Rate, Oxygen Saturation, and Body Mass Index screens also available
- Education on cardiac health, exercise, nutrition, weight management and substance use prevention will be provided, along with CPR demonstration and practice

**\*\*Participants must pre-register online for the screening (see below for how to register)\*\***  
(Please contact mCORE should financial hardship preclude you from taking part).

Learn more about mCORE and Preventative Heart Screenings at [www.mcoreathletes.com](http://www.mcoreathletes.com)

### Greg Holthaus Memorial Fund & Anderson Hospital Screening Event & Health Fair Heart Screening

mCORE Screening Location will be at the **Olde Wicks Factory**  
**1100 5th Ave. Highland, IL 62249**  
(Space Graciously Donated by Olde Wicks Factory)

**Time: 8am – 4pm**

**When: Tues. & Wed., June 11 & 12, 2019**

**Cost: \$34** (Each screening is \$75, but due to generous donations from the Greg Holthaus Memorial Fund, the cost to participants is only \$34 – Greg's baseball jersey number)



To reserve your screening time please click [Sign up](#) or [www.mcoreathletes.com](http://www.mcoreathletes.com), click

♥ [Schedule Screening](#)

and choose Greg Holthaus Memorial Fund & Anderson Hospital Screening Event & Health Fair



[www.mcoreathletes.com](http://www.mcoreathletes.com)

866.382.2319