

POLICY

SOMERSET COUNTY BOARD OF EDUCATION

Date Submitted: February 15, 2000 Date Reviewed: December 13, 2005 January 20, 2009	Number: 500-22
Subject: Physical Education Guidelines PreK - Grade 5	Date Approved: March 21, 2000 January 17, 2006 February 17, 2009 Date Revised: December 13, 2005 December 16, 2008 Date Effective: March 21, 2000 January 17, 2006 February 17, 2009

1. **PURPOSE**

To establish guidelines for the implementation of a physical education/activity program in all elementary schools (PreK through 5).

2. **DESCRIPTION**

The Board of Education of Somerset County, recognizing the importance of a program of physical activity for all student education, established the following guidelines for implementing physical education in all elementary schools.

A. Dress Requirements - In order to participate in Physical Education classes, it is suggested that all students wear athletic shoes (Commonly known as Asneakers® or tennis shoes). It is also suggested that no dresses be worn, especially during the stunts and tumbling unit. (Exception - religious reasons - where pants will be worn under the dress)

For safety reasons, students are strongly urged to remove all jewelry during the class period.

B. Showers - Not recommended at this level.

C. Non-Participation Because of Medical or Physical Handicap - Any student with a known physical or medical deficiency or handicap, the parent is responsible for making the school aware of this problem as soon as the deficiency or handicap becomes known. This condition must be certified by a physician within a reasonable period of time. The physician must also certify when the student is physically able to resume participation in Physical Education. This information must be sent/given to the Physical Education teacher.

A student may be excused from participation in Physical Education class by the instructor on a daily basis providing the student produces a note from the parent or guardian indicating a physical or medical reason for non-participation. All long-term excuses must be certified by a physician.

D. Title IX Compliance - A school shall not provide any Physical Education program where participation or activity separates the class on the basis of sex, nor will any student be denied permission to take Physical Education on the basis of sex.