

CareFirst Video Visit

See a doctor 24/7

When your primary care provider (PCP) isn't available, CareFirst Video Visit allows you to securely connect with a doctor* whenever and wherever you want on a smartphone, tablet or computer. Video Visits cost the same as your PCP sick office visit copay (up to a maximum of \$60).

Get treatment for common health issues

CareFirst Video Visit is intended for the treatment of uncomplicated, non-emergency** health concerns including, but not limited to:

- Bronchitis
- Cough/sore throat
- Sinus infection
- Diarrhea
- Fever
- Pinkeye
- Cold/flu
- Respiratory infection

Video Visit doctors provide consultation, diagnosis and even prescriptions (when available and appropriate). They are all U.S. board-certified, licensed, credentialed and have profiles so you can see their education and practice experience.



When to use Video Visit

- Your doctor's office is closed
- You are on business travel or vacation
- You have children at home and can't bring them to the doctor's office

Register today so you'll be ready when you want to visit. There are two easy ways:

1. Visit www.carefirst.com/needcare and click on any of the Video Visit links, or
2. Download the CareFirst Video Visit app from your favorite app store



CareFirst Video Visit. The doctor will see you now!

*The doctors accessed via this website are independent providers making their own medical determinations and are not employed by CareFirst. CareFirst does not direct the action of participating providers or provide medical advice.

**In the case of a life-threatening emergency, you should always call 911 or your local emergency services. CareFirst Video Visit does not replace these services.