

Arkansas School for the Blind and Visually Impaired Lunch Menu for Grades K-8--May 2019

Students must take 1/2 cup of fruit or 1/2 cup of vegetable plus two other items. The USDA and the Arkansas School for the Blind are equal opportunity providers and employers.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

May 2019

		<p>1 Fresh Fruit, Vegetable, Grain, and Entrée Bar Seasoned Baked Ham/Beans or Leo's Sack Lunch Tasty Turnip Greens Candied Yams Homestyle Cornbread Fruited Gelatin</p> <p>Milk</p>	<p>2 Fresh Fruit, Vegetable, Grain, and Entrée Bar Grilled Fish or Leo's Roast Beef Sandwich Tator Tots Creamy Coleslaw Hushpuppy Chilled Peach Halves</p> <p>Milk</p>	<p>3--School Lunch Hero Day Leo's Sack Lunch Turkey Sandwich Chips Carrot Sticks Cookie</p> <p>Milk</p>
<p>6 Fresh Fruit, Vegetable, Grain, and Entrée Bar Crisp Bacon Slices Fluffy Scrambled Eggs/Omelet Golden Hashbrowns Seasoned Sauteed Spinach Variety Cereal and Whole Grain Toast or Leo's Sack Lunch</p> <p>Milk/Chilled Grape Juice</p>	<p>7--Meatless Tuesday Fresh Fruit, Vegetable, Grain, and Entrée Bar Red Beans and Rice or Grilled Cheese Sandwich Warming Vegetable Soup or Chicken Flavored Noodle Soup Creamy Coleslaw</p> <p>Milk</p>	<p>8 Fresh Fruit, Vegetable, Grain, and Entrée Bar Chef's Choice</p> <p>Milk</p>	<p>9 Fresh Fruit, Vegetable, Grain, and Entrée Bar Grilled Fish or Meatballs or Leo's Sack Lunch Steamed Rice Seasoned Mixed Vegetables Whole Grain Roll Chilled Cantaloupe Cubes</p> <p>Milk</p>	<p>10 Fresh Fruit, Vegetable, Grain, and Entrée Bar Frito Chili Pie or Leo's Chef Salad Golden Corn on the Cob Homestyle Coleslaw Juicy Strawberries</p> <p>Milk</p>
<p>13</p> <p style="font-size: 1.5em;">CLOSED</p>	<p>14 Fresh Fruit, Vegetable, Grain, and Entrée Bar Grilled Fish or Salisbury Steak or Leo's Sack Lunch Steamed Rice Seasoned Carrots Whole Grain Roll Lime Sherbet</p> <p>Milk/Chilled Orange Tangerine Juice</p>	<p>15 Fresh Fruit, Vegetable, Grain, and Entrée Bar Beef or Chicken Nachos with Cheese Fresh Diced Tomatoes/Shredded Lettuce Hearty Refried Beans Warming Cinnamon Apples</p> <p>Milk</p>	<p>16 Fresh Fruit and Vegetable Bar Assorted Pizza Garden Salad Crisp Apple Slices</p> <p>Milk</p>	<p>17 Fresh Fruit, Vegetable, Grain, and Entrée Bar Chicken Tenders Creamy Mashed Potatoes Seasoned Green Peas Whole Grain Roll Chilled Pineapple Chunks</p> <p>Milk</p>
<p>20 Fresh Fruit, Vegetable, Grain, and Entrée Bar French Dip or BBQ Pulled Chicken Loaded Mashed Potatoes Homestyle Coleslaw Chilled Applesauce</p> <p>Milk</p>	<p>21--Field Day Hot Dog on Bun Grilled Onions and Peppers Chips Assorted Fresh Fruit Cookie</p> <p>Milk/Punch</p>	<p>22 Fresh Fruit, Vegetable, Grain, and Entrée Bar Chicken Nuggets or Spring Salad with Chicken Tasty French Fries Tender Green Peas Whole Grain Roll Ambrosia</p> <p>Milk</p>	<p>23 Fresh Fruit, Vegetable, Grain, and Entrée Bar Spaghetti and Meat Sauce Cool Romaine Lettuce and Tomato Salad Seasoned Green Beans Whole Grain Italian Breadstick Nature-Sweet Honeydew Melon</p> <p>Milk</p>	<p>24--Last Day of School Fresh Fruit, Vegetable, Grain, and Entrée Bar Deli Sandwich Assorted Relishes Chips Cookie</p> <p>Milk</p>

Have a happy, healthy, and safe summer! We will miss everyone!