Arkansas School for the Blind and Visually Impaired Lunch Menu for Grades 9-12--May 2019

Students must take 1/2 cup of fruit or 1/2 cup of vegetable plus two other items. The USDA and the Arkansas School for the Blind are equal opportunity providers and employers.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
May 2019		1 Fresh Fruit, Vegetable, Grain, and Entrée Bar Seasoned Baked Ham/Beans or Leo's Sack Lunch Tasty Turnip Greens Candied Yams Homestyle Cornbread Fruited Gelatin Milk	2 Fresh Fruit, Vegetable, Grain, and Entrée Bar Grilled Fish or Leo's Roast Beef Sandwich Tator Tots Creamy Coleslaw Hushpuppy Chilled Peach Halves Milk	3--School Lunch Hero Day Leo's Sack Lunch Turkey Sandwich Chips Carrot Sticks Cookie Milk
6 Fresh Fruit, Vegetable, Grain, and Entrée Bar Crisp Bacon Slices Fluffy Scrambled Eggs/Omelet Golden Hashbrowns Seasoned Sauteed Spinach Variety Cereal and Whole Grain Toast or Leo's Sack Lunch Milk/Chilled Grape Juice	7--Meatless Tuesday Fresh Fruit, Vegetable, Grain, and Entrée Bar Red Beans and Rice or Grilled Cheese Sandwich Warming Vegetable Soup or Chicken Flavored Noodle Soup Creamy Coleslaw Milk	8 Fresh Fruit, Vegetable, Grain, and Entrée Bar Chef's Choice Milk	9 Fresh Fruit, Vegetable, Grain, and Entrée Bar Grilled Fish or Meatballs or Leo's Sack Lunch Steamed Rice Seasoned Mixed Vegetables Whole Grain Roll Chilled Cantaloupe Cubes Milk	10 Fresh Fruit, Vegetable, Grain, and Entrée Bar Frito Chili Pie or Leo's Chef Salad Golden Corn on the Cob Homestyle Coleslaw Juicy Strawberries Milk
13 CLOSED	14 Fresh Fruit, Vegetable, Grain, and Entrée Bar Grilled Fish or Salisbury Steak or Leo's Sack Lunch Steamed Rice Seasoned Carrots Whole Grain Roll Lime Sherbet Milk/Chilled Orange Tangerine Juice	15 Fresh Fruit, Vegetable, Grain, and Entrée Bar Beef or Chicken Nachos with Cheese Fresh Diced Tomatoes/Shredded Lettuce Hearty Refried Beans Warming Cinnamon Apples Milk	16 Fresh Fruit and Vegetable Bar Assorted Pizza Garden Salad Crisp Apple Slices Milk	17 Fresh Fruit, Vegetable, Grain, and Entrée Bar Chicken Tenders Creamy Mashed Potatoes Seasoned Green Peas Whole Grain Roll Chilled Pineapple Chunks Milk
20 Fresh Fruit, Vegetable, Grain, and Entrée Bar French Dip or BBQ Pulled Chicken Loaded Mashed Potatoes Homestyle Coleslaw Chilled Applesauce Milk	21--Field Day Hot Dog on Bun Grilled Onions and Peppers Chips Assorted Fresh Fruit Cookie Milk/Punch	22 Fresh Fruit, Vegetable, Grain, and Entrée Bar Chicken Nuggets or Spring Salad with Chicken Tasty French Fries Tender Green Peas Whole Grain Roll Ambrosia Milk	23 Fresh Fruit, Vegetable, Grain, and Entrée Bar Spaghetti and Meat Sauce Cool Romaine Lettuce and Tomato Salad Seasoned Green Beans Whole Grain Italian Breadstick Nature-Sweet Honeydew Melon Milk	24--Last Day of School Fresh Fruit, Vegetable, Grain, and Entrée Bar Deli Sandwich Assorted Relishes Chips Cookie Milk

Have a happy, healthy, and safe summer! We will miss everyone!