Allergy and Anaphylaxis Emergency Plan



Child's name: Da	te of plan: Attach	
Date of birth:/AgeWeight:	abild ⁱ a	
Child has allergy to		
Child has asthma.		
IMPORTANT REMINDER Anaphylaxis is a potentially life-threating, severe allergic	reaction. If in doubt, give epinephrine.	
For Severe Allergy and Anaphylaxis What to look for	Give epinephrine! What to do	
If child has ANY of these severe symptoms after eating the food or having a sting, give epinephrine. • Shortness of breath, wheezing, or coughing • Skin color is pale or has a bluish color • Weak pulse • Fainting or dizziness • Tight or hoarse throat • Trouble breathing or swallowing • Swelling of lips or tongue that bother breathing • Vomiting or diarrhea (if severe or combined with other symptoms) • Many hives or redness over body • Feeling of "doom," confusion, altered consciousness, or agitation _ SPECIAL SITUATION: If this box is checked, child has an extremely severe allergy to an insect sting or the following food(s): Even if child has MILD symptoms after a sting or eating these foods, give epinephrine.	 Inject epinephrine right away! Note time when epinephrine was given. Call 911. Ask for ambulance with epinephrine. Tell rescue squad when epinephrine was given. Stay with child and: Call parents and child's doctor. Give a second dose of epinephrine, if symptoms get worse, continue, or do not get better in 5 minutes. Keep child lying on back. If the child vomits or has trouble breathing, keep child lying on his or her side. Give other medicine, if prescribed. Do not use other medicine in place of epinephrine. Antihistamine Inhaler/bronchodilator 	
For Mild Allergic Reaction What to look for If child has had any mild symptoms, monitor child. Symptoms may include: • Itchy nose, sneezing, itchy mouth • A few hives • Mild stomach nausea or discomfort	Monitor child What to do Stay with child and: • Watch child closely. • Give antihistamine (if prescribed). • Call parents and child's doctor. • If symptoms of severe allergy/anaphylaxis develop, use epinephrine. (See "For Severe Allergy and Anaphylaxis.")	
Medicines/Doses Epinephrine, intramuscular (list type):	Dose: □ 0.15 mg □ 0.30 mg (weight more than 25 kg)	
Parent/Guardian Authorization Signature Date	Physician/HCP Authorization Signature Date	

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Allergy and Anaphylaxis Emergency Plan



	Child's name:	Date of plan:
	Additional Instructions:	
	EVEN IF PARENT/GUARDIAN CANNOT BE REACHED DO NOT HESITATE	TO MEDICATE OR TAKE CHILD TO MEDICAL FACILITY!
I approve the above Emergency Care Plan and request school personnel to follow the above plan in the event of an emergency involving my child. notify the school immediately if my child's health status changes or if there is a change or cancellation of his Emergency Care Plan.		
	In consideration of this authorization made at our request, the undersigned agrees to indemnify, defend, and save harmless the School Board, the individual members thereof and any officials or employees involved in the rendering of care in accord with the above Emergency Care Plan from any claims or liability or damages, including but not limited to costs and reasonable attorney's fees, caused or claimed to be caused or to result from the administration of care in accord with the above Emergency Care Plan.	
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	Contacts	
	Call 911 / Rescue squad: ()	
	Doctor:	Phone: ()
	Parent/Guardian:	Phone: ()
	Parent/Guardian:	Phone: ()
	Other Emergency Contacts	
	Name/Relationship:	Phone: ()
	Name/Relationship:	Phone: ()

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