



School Information: MENU SUBJECT TO CHANGE.



Fitness Tip: MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.

Monday



Meatball Sub Sandwich **6**
Heartzels, Baked Beans,
Pineapple & Milk

Chicken Patty on a Bun, **13**
Cheez-its, Peas,
Peaches & Milk

Pizza Crunchers, **20**
Cottage Cheese, Green
Beans, Mixed Fruit & Milk

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NO SCHOOL

Tuesday



Chicken Tetrzzini, **7**
Bread & Butter, Green
Beans, Applesauce & Milk

Nacho Supreme, Sour **14**
Cream, Salsa, Lettuce,
Pineapple, Pumpkin Bar
& Milk

Au Gratin Potatoes **21**
With Ham, Peas, Roll,
Applesauce & Milk

Beef Ravioli, Green **28**
Beans, Breadstick,
Pears & Milk

Wednesday

Chicken Alfredo, **1**
Corn, Garlic Bread,
Pears & Milk

Biscuits & Sausage **8**
Gravy, Tri-Tater,
Mandarin Oranges & Milk

Spaghetti with Meat **15**
Sauce, Garlic Bread,
Green Beans, Pears & Milk

Sloppy Joe on a Bun, **22**
French Fries, Baked
Beans, Pears & Milk

PB&J Uncrustable, **29**
Carrots, Clementine,
Sunchips, Cookie & Milk

Thursday

Hamburger on a Bun, **2**
French Fries, Peas,
Mixed Fruit & Milk

Turkey Roast, Mashed **9**
Potatoes, Gravy, Corn,
Roll, Peaches & Milk

BBQ Redi Rib, French **16**
Fries, Baked Beans,
Mixed Fruit & Milk

Chicken & Cheese **23**
Quesadilla, Chips & Salsa,
Corn, Pineapple & Milk

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Friday

Pizza, Carrots with **3**
Ranch, Peaches,
Cookie & Milk

Hotdog on a Bun, **10**
Sunchips, Celery & Carrots
With Ranch, Mixed Fruit
& Milk

Bosco Sticks with **17**
Marinara Sauce,
Corn, Mandarin Oranges
& Milk

Corndog, Macaroni & **24**
Cheese, Carrots with
Ranch, Peaches & Milk

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