

USD 112 Central Plains May 2019



Mon	Tue	Wed	Thu	Fri
USDA is an equal opportunity provider and employer. Menu is subject to CHANGE	GnG - Grab and Go breakfast being served at CPMS (6-8), CPHS and Wilson (7-12) be- tween 1st & 2nd hour.	1 GnG Mini-Donuts, Fruit, String Cheese, Juice, Milk BREAKFAST French Toast Sticks w/ Syrup, Fruit, Fruit Juice Choice, Milk Choice LUNCH County Style Beef Pattie, WW Roll & Jelly (6-12), Mashed Potatoes & Gravy, Cheesy Broccoli, Fruit, Milk	Cook's Special	Cook's Choice
6 GnG Breakfast Cookie, Fruit String Cheese, Juice, Milk BREAKFAST Pancake on a Stick, Fruit, Fruit Juice Choice, Milk Choice LUNCH Hot Ham Cheese Pockets, Potato Wedges, Broccoli, Fruit, Milk	7 GnG WW Breakfast Bread, Yogurt, Fruit, Juice, Milk BREAKFAST WG Cereal, Sausage Patty , Fruit, Fruit Juice Choice, Milk LUNCH Chicken Patty, WW Roll & Honey, M Potatoes & Gravy, Vegetable, Fruit, Milk	8 GnG Good Bun, Fruit, String Cheese, Juice, Milk BREAKFAST Biscuit & Gravy, Fruit, Fruit Juice Choice, Milk Choice LUNCH Pepperoni Pizza, Tossed Salad, Tomatoes Cookie, , Fruit, Milk	9 GnG WW Bagel w topping, Fruit, Juice, Milk BREAKFAST Breakfast Pizza Fruit, Fruit Juice Choice, Milk Choice LUNCH Taco Burger, Tortilla Chips (6-12), Salsa, Dk. Green Lettuce, Tomato, Refried Beans, Fruit, Milk	Cook's Choice
13	14	15	16	17
Cook's Choice	Cook's Choice	Cook's Choice	Cook's Choice	Cook's Choice
20	21 Ha	ve a gr	eat	24
27	28 V	m aCatio	n!	31
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