

04-12-19

# BOOTHBAY REGION ELEMENTARY SCHOOL

[bres.aos98.com](http://bres.aos98.com)

## SPRING BREAK



April 15 - 19

### FROM THE CAFETERIA

Salad and fruit bar daily with a variety of side dishes! Four choices of milk daily. Breakfast choice: cereal, bagel, muffins, fruit or juice & milk. Breakfast offered daily at break times. Menus are subject to change without notice. Breakfast - \$1.50 (Reduced Breakfast No Charge) Lunch \$2.85 (Reduced Lunch \$.40) Milk - \$.50 (Parents can pay daily, weekly, or monthly for lunch and breakfast. Please make checks out to Boothbay Region Cafeteria. We send bills and menus out monthly.

If you have any questions, please call 633-7131.  
Thank you, Darlene French.)

Week of April 22 - 26

Monday	Chicken Patty on a Whole Wheat Bun Egg Salad Sandwich
Tuesday	Soft Shell Beef Taco Deli Turkey Sandwich
Wednesday	BBQ Ribs Whole Wheat Grilled Cheese
Thursday	Chicken Casserole Whole Wheat Tuna Roll
Friday	Pazzo Bread w/Dipping Sauce Sunbutter & Jelly Sandwich



BRES MAIN OFFICE  
207-633-5097

## Weekly Events

Monday 4/22

Tuesday 4/23

Wednesday 4/24

Thursday 4/25

Friday 4/26

From the PrincipAL

*"Increasing Needs"*

One of the things that is often talked about is the declining enrollment of schools. This is a fact, particularly in rural areas. However, another fact often overlooked is that many of the students that come to school have significantly increased needs. I am not sure of the exact percentages, but a recent survey of students in Lincoln County show a noteworthy level of children being diagnosed with anxiety. Why would children be anxious? Let me count the ways.

1. They are hungry. (Our free or reduced lunch population has risen from 10% to 50%)
2. Most children do not get 8 hours of sleep.
3. Exposure to violence. (Either in real-time or through the media)
4. Family financial difficulty. (Refer back to reason #1)
5. Gaming addiction. (Estimated screen-time at 3 to 4 ours daily)
6. Cyberbullying.

This is not an issue just happening to our community. When I attend professional meetings, I hear similar discussions with colleagues in the mid-coast area. It feels like lives are so fast paced that children are being robbed of actually experiencing childhood.

Our staff and the community at large do a commendable job of providing the resources necessary to meet the needs of our children. Sometimes it is necessary to look beyond just the numbers because they don't tell the whole story.

Mark Tess  
Principal

## GARDEN CLUB INFORMATION



The BRES Garden Club will begin meeting for the Spring on Monday, April 8 in Mrs. Cucci's room from 2:30 - 3:30.

This club welcomes students in grades 3 through 8. The club members work in the habitat garden behind the school and take part in various activities of nature exploration. This Spring, we are fortunate to have the support of such organizations such as the Boothbay Region Garden Club and Coastal Maine Botanical Gardens. If you did not participate in the Fall and are interested in joining, please see Mrs. Cucci for a permission slip.

## Vacation Week Programming

Take it easy during April break and come hang out in the Children's Room for drop-in Lego building. We'll have all the snacks, Lego's, books and bean bag chairs one could ever want during a vacation!

Tuesday, April 16 - Friday, April 19  
Noon - 4:00PM: Drop-in Lego Building



Then parade in on Wednesday in your PJ's for a special movie night!

Wednesday, April 17, 5:00 PM  
PJ Storytime will be replaced with PJ Movie Time!

Join us to watch BERNIE THE DOLPHIN! Read more on our website. [www.bbhllibrary.org](http://www.bbhllibrary.org)



### WE NEED YOU

to help raise money our local food pantry. The LOAFs have challenged you to raise the most money using spare change. You have until April 26, 2019 to raise the most money, so your class can win an ice cream or pizza party! GOOD LUCK!

Spring  
Break  
April 15-19



## Mileage Club Information

BRES students are invited to join the fun and get fit this Spring with the Mileage Club, a recess running/walking program for students in grades k-4. Participants carry a mileage card as they complete their laps and earn colorful toe tokens for each mile completed.



## Stories to Screen at Lincoln Theater

Harry Potter **FREE SHOWINGS** at the Lincoln Theatre in Damariscotta, Maine.

Harry Potter and the.....

Sorcer's Stone - April 13 - 10 AM  
Chamber of Secret's - April 20 - 10AM  
Prisoner of Azkaban - April 27 - 10AM