

Regional School Unit #34 Food Service

Alton, Bradley, & Old Town

Stephanie A. Salley, Food Service Director

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Harvest of the Month

We have been invited to take part in a Harvest of the Month pilot program. This program promotes the use of seasonal and local foods in our menus, and it highlights a different product each month. We are provided with marketing tools to increase the purchasing, consumption, awareness, appreciation and acceptance of Maine grown products.

Currently, most of our produce comes from Native Maine, which purchases primarily from Maine Farmers, with a very few Vermont farmers in the mix. Our regular Food Service provider also has a 46-page list of products that come from either Maine or the New England region. (While the New England region is not considered local for the purposes of this program, it is considered local in other programs.)

The Harvest of the Month Program gives us access to promotional materials, HOM artwork, Maine farmers, and technical assistance. In addition, for every \$3.00 that we spend at a farm or a farmers' market, we will get \$1.00 back (up to \$1,000.00).

Our spring HOM items will be Maine Dairy for April, Maine Wild Blueberries for May, and Maine Leafy Greens for June.

Bills

Currently, there are at least five bills related to school nutrition that are being discussed, worked on, or voted on:

1. Allow for the Recovery and Redistribution of Food in Public Schools
2. Eliminate the Reduced Category for NSLP
3. Maine DOE shall Create an Online F&R Price Meal Application that is available to all schools
4. Implement Breakfast After the Bell Model in Schools where at least 50% of the Students are Eligible for F&R Price Meals

5. Implement the Child and Adult Care Food Program (CACFP) at Risk Afterschool Programs in Schools Where at least 50% of the students are eligible for F&R priced meals.
6. Prevent Food Shaming in Public Schools

Participation

With the Breakfast in Classroom After the Bell being a current topic, I have been looking back at our numbers in RSU #34. Since 2016 we have changed the entire LMS over to Breakfast in the Classroom After the Bell. At OTES we offer several breakfast opportunities, including Breakfast in the Classroom After the Bell for Pre-K through Grade 2. VRS has just implemented Breakfast in the Classroom After the Bell for all grades. All three of these schools have shown a significant increase in participation as a result.

School	SY 2016	YTD 2019
AES	35%	42
LMS	21%	37%
OTES	16%	34%
OTHS	15%	16%
VRS**	18%	18%

Note: **VRS started BIC a few of weeks ago. Their participation jumped from an average of 14%/month to almost 37% last month!

April is Maine Dairy Month in RSU #34!



*Respectfully Submitted,
Stephanie A. Salley*



RSU #34

OLD TOWN HIGH SCHOOL

Grades 9 – 12

MAR 5 – MAR 30, 2018



on Sunday, March 11th

Mon	Tues	Wed	Thurs	Fri
Popcorn Chicken	All Beef Frank	Deli Sandwich	Chicken Patty	Bacon Cheeseburger
Pizza	Pizza	Pizza	Pizza	Pizza

CHECK OUT KITCHEN MANAGER ANN'S DAILY SPECIALS!!!

Every Day Choices: Peanut Butter & Jelly OR Sun Butter & Jelly Sandwich with Cheese Stick,
Every meal is served with the Salad Bar (which includes a variety of fruits and veggies) & Milk (1%, Skim, FF Chocolate & FF Strawberry) Lunch: \$3.00, Reduced Lunch: \$.40, Breakfast: \$1.50, Reduced Breakfast \$.00

Full Pay Weekly: Lunch -
\$15.00/week
Breakfast - \$7.50/week

The Best Deal in Town!

Reduced Weekly: Lunch -
\$2.00/week
Breakfast - \$0.00/week

KITCHEN MANAGER: ANN RICHARD
FOOD SERVICE ASSISTANTS: DEBBIE SPENCER, JOSH HEIKKINEN

MAR 5	MAR 6	MAR 7	MAR 8	MAR 9
TURKEY ITALIAN	WALKING TACO	ORANGE CHICKEN & RICE WITH EGG ROLL	STEAK AND CHEESE FLATBREAD SANDWICH	CHEESE QUESADILLA
MAR 12	MAR 13	MAR 14	MAR 15	MAR 16
MAC & CHEESE WITH DICED HAM	MEATBALL SUB	TURKEY CHOP SUEY WITH RICE	BBQ PULLED PORK SANDWICH	ASSORTED PIZZAS
MAR 19	MAR 20	MAR 21	MAR 22	MAR 23
SPAGHETTI AND MEAT SAUCE WITH BREADSTICK	BEEF & CHEESE NACHOS	PORK ROAST WITH MASHED POTATOES & GRAVY	CHEESEBURGER WRAP	CHEESE QUESADILLA
MAR 26	MAR 27	MAR 28	MAR 29	MAR 30
CHICKEN FAJITA	CHEESE FILLED BREADSTICKS WITH MARINARA	TURKEY & GRAVY WITH MASHED POTATOES	BBQ PRK RIB SANDWICH	ASSORTED PIZZAS

A SALAD BAR IS AVAILABLE TO ALL GRADES. STUDENTS ARE OFFERED FIVE COMPONENTS AND MUST CHOOSE AT LEAST THREE COMPONENTS FOR THEIR LUNCH TRAY. ALL BREAD AND CRACKER GRAINS ARE WHOLE GRAIN RICH (AT LEAST 50% WHOLE GRAIN). MILK CHOICES INCLUDE 1%, SKIM, AND FF CHOCOLATE.

NO CHARGING MEALS IF BALANCE OWED IS OVER \$25.00.

APPLICATIONS FOR FREE AND REDUCED MEALS MAY BE SUBMITTED AT ANY TIME DURING THE SCHOOL YEAR, BUT BALANCES DUE MUST STILL BE PAID. PAYMENT PLANS ARE AVAILABLE. PLEASE CALL 827-3908.

A LA CARTE ITEMS MAY NOT BE CHARGED AT ALL. YOU MUST HAVE EITHER CASH OR AN AVAILABLE BALANCE ON YOUR ACCOUNT TO PURCHASE A LA CARTE ITEMS.

RSU #34 FOOD SERVICE DOES NOT OPERATE FOR PROFIT. PLEASE KEEP STUDENT ACCOUNTS CURRENT.

Account info is available at www.myschoolbucks.com, or by calling the Food Service office (827-3908).

PLEASE KEEP ACCOUNT BALANCES POSITIVE.

IN ACCORDANCE WITH THE RSU 34 CHARGING POLICY (EFD - AVAILABLE AT WWW.RSU34.ORG), AN ALTERNATE MEAL WILL BE PROVIDED FOR STUDENTS WHO OWE MORE THAN \$25.00 AND WHO DO NOT BRING A LUNCH FROM HOME. THEIR ACCOUNT WILL BE CHARGED. PLEASE TAKE TIME TO READ THE POLICY.

GO TO WWW.RSU34.ORG/Menus/default.htm

FOR UPCOMING MENUS, ONLINE MEAL APPLICATION, AND LINK TO www.myschoolbucks.com.

All menus are subject to change and substitutions as necessary and without notice.

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating based on race, color, national origin, sex, age, religion, political beliefs, or disability.

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