

2023 WFMS FALL ATHLETICS

SPORT	HEAD COACH	IMPORTANT DATES
Football	Wade Toney toneye@wfpsb.org	<ul style="list-style-type: none"> Full practice begins Monday, August 14 – from 3:00 until 5:00 Pick-up will be at the Bains Lower Gym Bring all required paperwork
Cross Country	PrimMecha Coates coatesp@wfpsb.org	<ul style="list-style-type: none"> All WFMS students are welcome Begins Monday, August 14, 2023 Report to the WFMS gym after school to change. Coach escorts them to Saints Stadium Practice ends at 4:00. Pick up at Stadium.
Softball	Lakyn Wales walesl@wfpsb.org	<ul style="list-style-type: none"> Tryouts August 16-17 at Sports Park See WFMS Softball Webpage for details
Cheer	Alisha Bennett bennetta@wfpsb.org	<ul style="list-style-type: none"> Practice after school on A Days in the MS gym: August 15, 17, 21, 23 August 29 is the first football game.
Swim	Alana Lyons lyonsa@wfpsb.org	<ul style="list-style-type: none"> Tryouts on August 17 The activity bus will transport swimmers to the YMCA in Zachary for the tryout and return to WFMS by 6:00 pm See WFMS Swim Webpage for details
Dance	Julie Ann Estep estepj@wfpsb.org	<ul style="list-style-type: none"> Practice begins Monday, August 14, 2023, from 3:00 - 4:30. Bus will transport the dancers to Old Bains for practice.
Tennis	Jane Opperman oppermanj@wfpsb.org	<ul style="list-style-type: none"> Tryouts Wednesday, September 6. Activity bus will take you to the sports park after school. Tryouts will end at 5:00. Tennis fee will be \$60 (which covers the cost of tennis balls, buses to away matches, & any court/league fees if needed) plus any additional cost that may be needed for uniforms.

Volleyball and Golf season have moved to the spring.

