



# RAIDER REPORT

## LOGAN VIEW PUBLIC SCHOOLS

### MARK YOUR CALENDARS

**MARCH 2ND -**  
LAST DAY OF  
3RD QUARTER

**MARCH 7TH &  
8TH -**  
PARENT TEACHER  
CONFERENCES  
4PM-8PM

**MARCH 9, 10,  
& 11 -**  
NO SCHOOL  
WINTER BREAK

**MARCH 19TH -**  
TRIVIA NIGHT  
6:00PM

**MARCH 25TH &  
26TH -**  
SCHOOL MUSICAL  
7:00PM

### NEW STUDENT ENROLLMENT

Parents can enroll new students by contacting  
Lori Peters at  
402-654-3317.

**Educating Life-Long Learners  
in a Nurturing, Challenging and  
Disciplined Environment.**

### FROM MR. LARSEN, ACTIVITIES DIRECTOR

Our winter sports seasons have officially come to a close. Our wrestling team qualified for the State Dual Tournament and placed in the top 10 at the State Tournament in Omaha for the 4th year in a row. The team had three individual medalists at the State Tournament; Logan Booth, 1st at 220 pounds; our first state champion since 2000, Kaden Gregory, 4th at 132 pounds, and Jacob McGee 4th at 113 pounds. Girls basketball finished the season 7-17. Boys basketball finished the season 10-14. Cheer finished 14th in Gameday at the State Competition in Grand Island. Dance finished 10th in Hip Hop and 21st in Pom at the State Competition in Grand Island. Congratulations to the teams and coaches on an incredible season! Speech still has a couple events left with districts at Homer on the 5th and any State qualifiers competing in Kearney on the 17th.

Our spring sports/activities competition schedule gets started this month as well. The varsity track team travels to Concordia University in Seward for an indoor meet on the 18th before going to West Point on the 29th. Their first competition in April is at North Bend on the 5th. We host the Logan View track meet on the 12th of April and the Booster Club runs the concession stand, I'm sure they would be happy to have all the help they can get throughout the course of the day. The golf team hosts Blair for a dual on April 5th before traveling to DC West for a tournament on the 6th and North Bend for a quad on the 8th.

Some of our students will participate in Conference Honor Band on March 7th in Syracuse. Close Up will be in Washington, D.C. March 13th through the 18th. Our School Musical, "Zombeo and Juliet", will be performed on March 25th and 26th at 7:00pm. The FCCLA State Conference is April 3th-5th in Lincoln. The FFA State Conference is April 6th-8th in Lincoln. The Skills USA state conference is April 7th-9th in Grand Island.

As we start the spring seasons, it is a great time for your child to set goals for upcoming season and year as well as thinking about what they can do to become a better athlete. The most important thing they

can do is learn to love the weight room. When athletes commit themselves to the weight room they become more powerful and explosive while increasing speed and improving balance; all things that will make them better at any sport they participate in. It is also important for kids to be well-rounded athletes. It is great to go to camps and work on improving your skills in the off-season, but don't do so at the cost of participating in other activities. If we want to see positive results in the overall athletic program here at Logan View, we need our student-athletes to have great attendance and **WORK ETHIC** in the weight room throughout the entire year and have as many student-athletes as possible participating in multiple sports.

I'd also like to share some excerpts from an article by Darrell G. Floyd, Superintendent of Enid Public Schools in Oklahoma regarding the benefits of participation in athletics and activities.

Participation in school activities benefits the student and the entire community – both now and well into the future. Here are some reasons why:

- Activity programs provide opportunities for character development, life lessons and a way for students to begin to develop their own set of universal values;
- Activity programs afford students opportunities to learn about teamwork, sportsmanship, self-discipline and hard work;
- Activity programs foster success in later life. They help set the standard and framework for success in college/workforce/careers and for becoming a healthy, contributing member of society;
- Activity programs promote positive behaviors and deter negative behaviors; and
- Activity program participants (as shown by numerous studies) have higher GPAs, lower dropout rates, fewer discipline problems, higher college admission test scores, better attendance and better relationships with students who are academically focused.

More specifically, here are some benefits of athletics and fine arts:

Athletics help students become a part of a team, develop individual skill improvement, learn about good sportsmanship, and develop a better sense of health and fitness.

Fine Arts activities encourage students to explore and develop their own artistic interests and abilities. Through a mix of offerings ranging from music, visual arts, theatre, dance, speech, journalism and others, these activities provide opportunities for students to hone their artistic talents.

In general, the proper balance of activities and academics in schools today is more important now than ever before. Many students lack proper direction and preparation in the areas of real-world life skills. Therefore, if students are not exposed to extracurricular activities in school, they may never develop these following skills:

- Teamwork and cooperation: Everyone is working toward a common goal. Students learn first-hand how their performance impacts them, as well as the rest of the team.
- Social relationship development: Students who participate in school activities programs often forge close friendships. These relationships are essential in the overall mental, emotional and physical health of students. Students bond together toward a common passion, and the time they spend together in practice and competition will build tight bonds for a lifetime.
- Leadership skills development: At times, activities programs will afford students the opportunity to serve in a leadership role. At other times, they will play a supporting role. This teaches them how to provide guidance to others and how to receive guidance from others.
- Time management skills: Participants in school activities learn good time management skills in order to get everything done in the classroom and in their chosen area of activity.
- Practice, persistence and patience: Team members (regardless of the activity) learn that proper practice is required. They also learn that the harder they work, the better they perform. And finally, they learn that by never giving up, they are more likely to achieve their goals.

Thank you for your support of our students as they participate in the activities we offer! See you in the stands & as always, **GO RAIDERS!**

## FROM MRS. HANEL, GUIDANCE COUNSELOR

With the third quarter nearing completion, now comes the anticipation and sometimes STRESS of graduation for seniors. Seniors and parents have been experiencing the many “last times” at school. This can be met with many different emotions. Joy, sadness, anxiety and heartache are just a few. It is important to keep the lines of communication open between parents and seniors. Many may begin to feel the pressure of making life-long decisions and begin to doubt or question the choices they have made for life after high school. It is important for parents and seniors to have conversations about these choices and to remain optimistic about the future. Remind your student that graduation is not the end or the finish line; it is the starting gate of a wonderful time in their life. If you are having struggles or have questions, please feel free to contact me.

### **Mindfulness meditation helps keep you in the moment and provides physical and mental health benefits, according to Cathy Cassata from Psych Center**

To many folks, mindfulness means being in the moment — right here, right now. The American Psychological Association (APA) defines mindfulness as the awareness of your internal states and surroundings.

Mindfulness meditation is the practice of focusing attention on your breathing, thoughts, feelings, and sensations as they arise. According to the APA, this meditation is used to become highly in tune with sensory information and to focus on each moment as it happens.

“Meditation is a cognitive technique that improves a person’s mind, body, and soul. Psychological aspects, like insight, attention, reflection, and self-regulation are deepened,” says Dr. Deborah Serani, professor at Adelphi University in New York.

“Meditation can also increase physical experiences, such as increase relaxation, fortify healing, recovery and a stronger immune response, as well as decrease pain, anxiety, stress, depression and blood pressure,” adds Serani.

Practicing mindfulness meditation may help you reap the following health benefits.

<https://psychcentral.com/blog/surprising-health-benefits-of-mindfulness-meditation>

**Mindfulness Wednesdays** - Students in grades 7-12 may choose to participate in Mindfulness Wednesdays during their Raider Time. The fifteen minute sessions are held for students to learn and practice with different tools and techniques to help reduce stress and anxiety and to become more aware of their present self.

**Juniors** are continuing to work on the OnToCollege ACT test preparation during their Raider Time on Tuesday and Thursday. All juniors will take the ACT Test at Logan View on Tuesday, April 5. No registration is needed for this test. Most students take the ACT three or four times to get the best possible result. Most colleges will not accept ACT scores after the February test date, so plan early and study hard. The next ACT test date is June 11. The deadline for registering is May 6. There is also a July 16 test date with a registration deadline of June 17. \*\*It is important that your student identifies their top four colleges they are thinking about attending and list these on their ACT profile. This will guarantee the colleges will receive their ACT scores at no cost to you. Registration is done on-line. ([www.actstudent.org](http://www.actstudent.org)).

## They fill up fast - Register Early!

Test Date	Registration Deadline	Late Registration Deadline
April 2, 2022	February 25, 2022	March 11, 2022
June 11, 2022	May 6, 2022	May 20, 2022
July 16, 2022	June 17, 2022	June 24, 2022

### Seniors of 2023 - Guide to Your Best ACT Test Date

If you'll be a senior in the fall, you have basically seven ACT test dates left that you could potentially use for college admissions: **April, June, July, September, October, December, or (next) February.**

If you're looking to apply Early Decision or Early Action (meaning for the most part, application deadlines between November 1 and December 15), you only have five ACT test dates left: **April, June, July, September, and October (and October is pushing it for the November deadlines).**

Most schools with **Early Decision or Early Action options** will allow students to submit October scores, but keep in mind you may have to submit your application before you get your scores, and it will be incomplete until your scores arrive. So don't count on October as anything but a backup if you are applying early; September is the ACT test date for you. Of course, it's not a bad idea to sign up for October as well when you sign up for September. **Your best ACT test date is...**



**Class registration for the 2022-2023 school year will be taking place in March.** Students will be receiving their transcript and registration form the first week of March. \*\*A student will NOT be able to register without a parent signature on the returned form. If there are questions, please call Mrs. Hanel or Lori Peters. Registration forms and course descriptions are on the Logan View website under School Counselor. All registration needs to be completed by March 25.

\*\*It is very important that classes are chosen wisely, the master schedule is created based on the number of students who are interested in taking the different classes.

8th grade registration will take place on Thursday, March 17

9th grade registration will take place on Thursday and Friday, March 17 and March 18

10th grade registration will take place on Monday, March 21

11th grade registration will take place on Wednesday, March 16 for those students who are not attending Close-up. Registration for the 11th grade students who attended Close-up will be on Wednesday, March 23.

### ALL STUDENTS/PARENTS

Don't forget to stay updated about what is happening in the counseling office. View the counselor's page on the Logan View Website, where information is updated and added on a weekly basis. You can also view additional announcements/reminders in the daily announcements in PowerSchool. Visit with your student(s) about what they are completing during Raider Time and check your students' activities in their Naviance account. You may also want to follow the counseling office on twitter @lvhsc, on Facebook @ LVHS Counseling or contact Mrs. Hanel personally at [dhanel@loganview.org](mailto:dhanel@loganview.org) or 402.654.3317, ext. 129.

## **MR. KRIVOLAVEK, WORLD HISTORY**

### **WORLD HISTORY**

Wow! By the time you read this we will be at the end of the 3rd quarter and Parent/Teacher Conferences will have come and gone. Please make a point to check in on how your student is doing academically. Support at home can be a huge factor in the success of your student. We will be exploring the idea of imperialism and the first World War in the coming month as well as working on a research topic.

## **MR. KRIVOLAVEK & MR. LARSEN, CLOSE - UP**

### **CLOSE - UP**

The time is very near for the juniors & seniors to take off on their trip to the nation's capital! We will depart from Omaha on Sunday March 13th & return on Friday March 18th. The Close Up group will depart from Logan View at 9:15 am on Sunday March 13th for their trip. The return flight to Omaha is scheduled to land at 6:00 pm on Friday March 18th. The group will be staying at the Hilton Crystal City. As a reminder, your student will be responsible for making up all class assignments prior to leaving on the trip.

There will be several student meetings and one very important parent meeting prior to the departure date. The parent meeting is scheduled for Monday, March 7th at 6:30 pm in the high school lecture hall. Please make it a point to attend!

As always, if you have any questions or concerns, or want to make a donation to the Logan View Close Up organization, please call at 654-3317 or email at [bkrivohlavek@loganview.org](mailto:bkrivohlavek@loganview.org) and ask for Mr. Kriv.

## **MRS. WEITZENKAMP, JR. HIGH MATH TEACHER**

### **LOGAN VIEW FOUNDATION TRIVIA NIGHT**

**SAVE THE DATE!!** The Logan View Foundation is doing a Trivia Night on March 19. Be on the lookout for the registration information has been posted to Facebook.

Logan View Foundation Trivia Night  
March 19, 2022  
Uehling Auditorium  
Teams of 8, Table Reservation \$240  
Meal will be Provided  
Questions?  
[aweitzenkamp@loganview.org](mailto:aweitzenkamp@loganview.org)  
Text Aubrey at 402-720-7642

## MRS. LEINART, STUDENT COUNCIL

### LOGAN VIEW STUDENT COUNCIL HOSTS BLOOD DRIVE

The Logan View Student Council will host their semi-annual community blood drive with the American Red Cross on Wednesday, March 2, from 9:00AM to 2:00PM in the Logan View High School Wrestling Room.

For more information or to make an appointment to donate, call Amber Leinart, 402-654-3317 or sign up online at [redcrossblood.org](http://redcrossblood.org).

"We are so happy to have the opportunity to host a spring blood drive this year at the school! The need for blood is very great at this time and we are committed to helping meet hospital and patient needs through blood donations," said Amber Leinart, Student Council Sponsor "This blood drive is our way of giving staff, colleagues and neighbors an opportunity to help save lives."

Blood is a perishable product that can only come from volunteer blood donors. With someone in the U.S. needing blood every two seconds, blood products must be constantly replenished, according to the Red Cross.

We urge community members to donate blood and help ensure that patients in local hospitals have a supply of blood ready and waiting before an emergency occurs. There's no better feeling than knowing that your blood donation may give someone a second chance at life.

According to the Red Cross, donors with all blood types are needed, especially those with types O negative, A negative and B negative.

This blood drive also helps sponsor the Red Cross scholarship which is distributed to Logan View seniors who have been continuously involved in the blood drives. We hope you will come out to the hill and support our mission.

March, 2022



## Logan View Blood Drive

March 2, 2022  
9:00am - 2:00pm

Logan View Wrestling Room  
2163 Co Rd G, Hooper, NE 68031

Hosted by the Logan View Student Council  
Contact Amber Leinart, aleinart@loganview.org, for more information.

For an appointment, please visit [redcrossblood.org](http://redcrossblood.org)  
Or call 1-800-RED CROSS (1-800-733-2767).

1-800-RED CROSS | 1-800-733-2767 | [RedCrossBlood.org](http://RedCrossBlood.org) | Download the Blood Donor App

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## FROM MRS. VACHA & MRS. FREY, FIRST GRADE

Mrs. Frey and Mrs. Vacha's first graders have been learning about sound and light in Science.



## FROM MR. FRANCIS & MRS. MORRIS, SECOND GRADE

The 2nd graders are telling time to the nearest 5 minutes using A.M. and P.M. in math. We are also making and reading graphs- both picture graphs and bar graphs.

In our word study lessons, we have been working with suffixes and how the spelling of the base word may change as the endings are added. Our reading mini lessons have focused on the features of fiction and nonfiction. We have been noticing the author's craft.

After finishing our solids and liquids unit in science, we will be starting an economics unit in social studies. This will include the study of needs/wants, goods/services, and capital and human resources.

The 2nd graders are currently writing All About books. We have organized our ideas into a Table of Contents. We are now writing our chapters about a topic that we are an "expert" on.

## FROM MRS. UEHLING AND MRS. VONESSEN, FIFTH GRADE

Dear Fifth Grade Families,

We have been working very hard in 5th grade. We are learning so many new things. Mrs. VonEssen and Mrs. Uehling are very proud of the students' hard work and progress.

Here is what we have been working on.

**Math:** multiplication and division of whole numbers and decimals and algebraic reasoning and expressions.

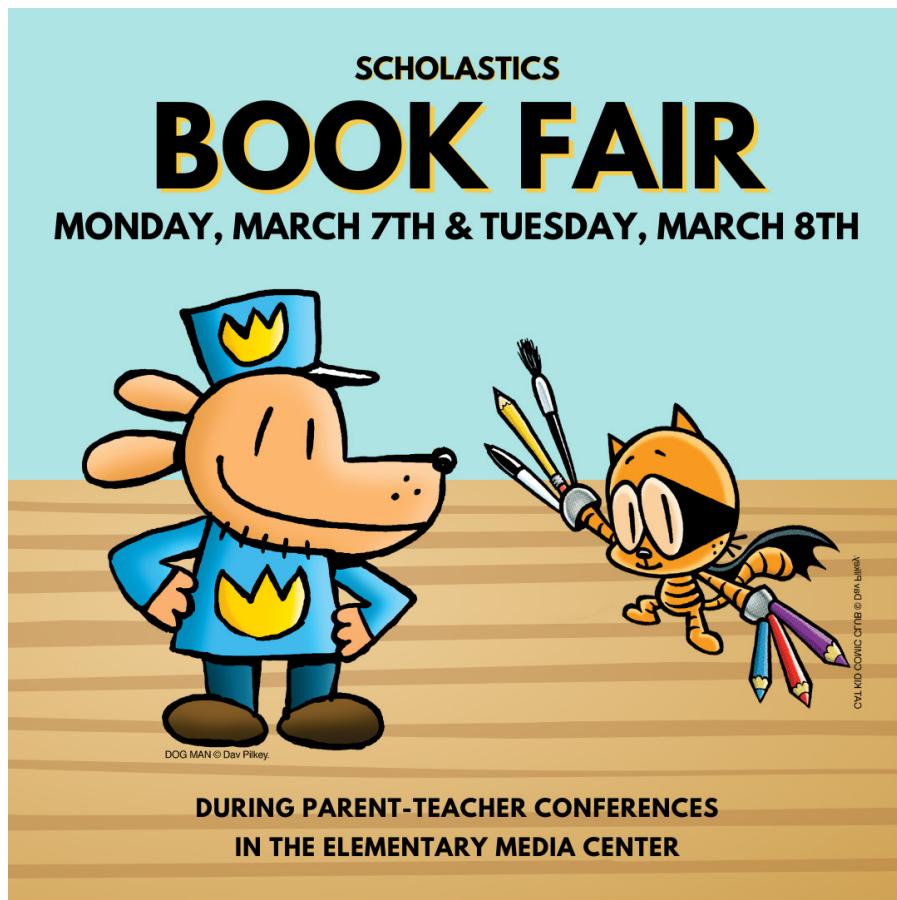
**Science:** We are working on a culminating project about the solar system as we complete our unit of study.

**Social Studies:** We are going to be learning about The American Revolution. We will also be learning about our government.

**Writing:** We have completed a unit on persuasive writing and will be working on a unit of research. We will also do several creative writing stories and poems. Our students are also focusing on phonics with a strong emphasis on prefixes and suffixes and Greek and Latin roots.

**Reading:** We continue to use an interactive read aloud as a group text and then work in small groups to focus on vocabulary, writing, and reading skills.

We look forward to our upcoming Parent Teacher Conferences and want to thank all of our families in advance for their continued support. It makes a world of difference for your child and we look forward to a great end to the school year. -Mrs. Uehling and Mrs. VonEssen



March, 2022

# Nebraska Capital Conference Art Show

Hosted by Logan View High School

*Wednesday, April 13th, 2022*

**Come support  
student artists from  
the conference in  
their annual art show!**

**Public viewing from**

**12:30-3:00 pm**

**Logan View Elementary Gym**



BREAKFAST

## MARCH 2022

LOGAN VIEW PUBLIC SCHOOLS

Monday	Tuesday	Wednesday	Thursday	Friday
FRENCH TOAST 7	EGGS 1	BREAKFAST PIZZA 2	FRENCH TOAST TORNADO 3	DONUTS 4
MINI CINNIS 14	EGGS 8	NO SCHOOL 9	NO SCHOOL 10	NO SCHOOL 11
MINI PANCAKES 21	EGGS 15	BREAKFAST PIZZA 16	BANANA BREAD 17	DONUTS 18
MINI WAFFLES 28	EGGS 22	BREAKFAST PIZZA 23	DUTCH WAFFLES 24	DONUTS 25
		BREAKFAST PIZZA 30	EGG TORNADOS 31	

LOW FAT AND FAT FREE MILK OFFERED DAILY

MENUS ARE SUBJECT TO CHANGE

WG CEREAL, WG BARS, WG BAGELS OFFERED DAILY

USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER



## MARCH 2022

LOGAN VIEW PUBLIC SCHOOLS

Monday	Tuesday	Wednesday	Thursday	Friday
CORN DOGS TRI TATORS 1	MAC N CHEESE CORN BREAD MUFFIN 2	TACOS BREADSTICKS 3	POPCORN SHRIMP CHIPS OR (TUNA SALAD) 4	
MANDARIN CHICKEN FRIED RICE EGG ROLL 7	SUB SANDWICH CHIPS 8	NO SCHOOL 9	NO SCHOOL 10	NO SCHOOL 11
CHICKEN NUGGETS MASHED POTATO DINNER ROLL 14	CAVATINI BREADSTICK 15	SOUP 16	RAVIOLIS BREADSTICK 17	PIZZA OR (TUNA SALAD) 18
HOT BEEF MASHED POTATO DINNER ROLL 21	CHICKEN ALFREDO BREADSTICK 22	HAMBURGERS TRI TATORS 23	CHIPOTLE BOWLS 24	SUB SANDWICH TUNA SALAD OR PB&J 25
POPCORN CHICKEN MASHED POTATO DINNER ROLL 28	CHEESEBURGER MACARONI 29	CHICKEN SANDWICH TRI TATOR 30	QUESADILLA 31	

FRUIT AND VEGETABLES OFFERED DAILY MENUS ARE SUBJECT TO CHANGE

LOW FAT MILK OFFERED DAILY

USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

March, 2022

GET YOURS TODAY!

# ELEMENTARY YEARBOOKS

\$20.00 until end of the year

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Parent Name: \_\_\_\_\_ Phone or Email: \_\_\_\_\_

Return to Elem. Office

\*\*If you think you already bought one,  
email Mrs. Castillo at [scastillo@loganview.org](mailto:scastillo@loganview.org) to check

March, 2022

Logan View Junior Senior High School

# YEARBOOK ORDER FORM

ORDER BY:  
05/01/2022

To purchase online, go to  
[jostensyearbooks.com.](http://jostensyearbooks.com)

## STEP 1: SELECT YOUR PACKAGE

YEARBOOK                    \$50.00

Please complete the form below along with cash or a check made out to LOGAN VIEW PUBLIC SCHOOLS. Return everything to Mrs. Castillo in the High School Media Center. Any questions, email Logan View Yearbook - [yearbook@loganview.org](mailto:yearbook@loganview.org).

\$50.00 through May 1st! Add an Elementary yearbook for \$10

## ★ STEP 2: PERSONALIZE YOUR YEARBOOK FOR \$6.00

NAME \_\_\_\_\_  
(29 characters max.)

## ★ STEP 3: ADD ICONS\* FOR \$6.00 EACH .....>

\*IMPORTANT: To add icons, you must first purchase personalization in Step 2.

Enter the 4-digit icon code from the chart below into the boxes provided.

Icon 1	Icon 2
Icon 3	Icon 4



If you have questions, please call Customer Service at 1-877-767-5217.

## STEP 4: ENTER YOUR INFORMATION AND TOTAL YOUR ORDER

Student Name: \_\_\_\_\_

Grade: \_\_\_\_\_

ID#: \_\_\_\_\_

Homeroom: \_\_\_\_\_

Contact Phone: \_\_\_\_\_

Contact Email: \_\_\_\_\_

	Price	Quantity	Total
Enter Your Package Price			
Personalization	\$6.00		
Icon(s) ea.	\$6.00 x QTY		
Autograph Section	\$6.00		
Clear Protective Cover	\$6.00		
Photo Pockets	\$6.00		
Subtotal			
<b>TOTAL</b>			

YAY! THANKS FOR ORDERING!

32907 / 2022

Tax, service and delivery fee(s) will be added if applicable.

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