

SAILOR P.R.I.D.E.

PERSONAL RESPONSIBILITY

RESPECT

INTEGRITY

DISCIPLINED

ENGAGEMENT

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January 2019

Mona Shores Middle School

News

SAILOR P.R.I.D.E.

MSMS Families!

I hope that you all had a wonderful Christmas break, enjoyed time with family and friends, and are now off to a great start in 2019! I am certain that not only will MSMS have a great year, but Mona Shores, collectively, will have a year that our students, families, and staff will remember - I believe it will be a year of new opportunities, success, and growth. At MSMS, know that we will continue to focus on being the **best** educators, students, families, and middle school that we can be; we will work towards **success** for every student in our building.

As we move into the month of January, our focus will be on **respect**. **Respect**, by definition, is **"esteem for or a sense of the worth or excellence of a person, a personal quality or ability."** Daily, for a variety of reasons, we give and expect **respect** from a multitude of individuals: a peer, a friend, a boss, a parent, a teacher, a professional, a driver, or any person we come across in our daily lives. I wonder how we might model, teach, and expect that **respect** for our students. I wonder how we might talk about **respect** in our actions, our words, our tone, and our behaviors. This is what we want our students to understand, experience, and learn. As we move through January, please discuss, recognize, and support **respect** at home, talking with your child about what **respect** looks like, sounds like, and feels like; how to give and receive **respect** in all situations. I believe that if we all continue to grow and improve in how we handle **respect**, we will be better people, a better school, and have a positive impact on our community.

Here are just a few announcements as we begin a new week...a new month...and a new year:

- **GET ONE WORD** -- While many set resolutions for the new year, Jon Gordon offers a different approach. He and his co-authors challenge us to choose one word that will simplify and focus our life. What might you, your family, or your students one word be for 2018? <http://getoneword.com/> My guiding and focusing word this year will be **"FORWARD."** I wonder what yours and/or your student's might be..
- **US DEPT. of EDUCATION'S TIPS FOR JANUARY** -- **1)** Make a **winter-weather plan** for sick and/or snow days in advance. **2)** Be a **meteorologist**, introducing the science, weather patterns, and predicting them to your student. **3)** Celebrate **Martin Luther King, Jr. Day**, on January 16, by having your student complete and share the sentence "I have a dream that...". It might provide a great opportunity to talk about the incredible impact he had on our country.

I hope you and your family have the best year ever, that 2019 is one that you will always remember. At MSMS, we will continue our focus on **success** for every student, and on partnering with parents and community to build **character** within our students.

Doug Ammeraal | Principal
Email: ammeraad@monashores.net

CALENDAR

7TH GRADE VISION TESTING
Jan. 7th (Mon.)

NO LATE START (7:40 AM)
Jan. 9th (Wed.)

SKI CLUB (CANNONSBURG)
Jan. 9th (Wed.)

LATE START (9:40 AM)
Jan. 16th (Wed.)

SKI CLUB (CANNONSBURG)
Jan. 16th (Wed.)

6TH GR. PREMIER CONCERT
Jan. 17th (Thur.) - 12:-00

**MARTIN LUTHER KING DAY -
NO SCHOOL**
Jan. 21st (Mon.)

LATE START (9:40 AM)
Jan. 23rd (Wed.)

SKI CLUB (CANNONSBURG)
Jan. 23rd (Wed.)

NO LATE START (7:40 AM)
Jan. 30th (Wed.)

SKI CLUB (CANNONSBURG)
Jan. 30th (Wed.)



Sailors have ownership, engagement, gratitude, service, respect, compassion, attitude, disciplined, integrity & success.





BOX TOPS



The science department is collecting Box Tops for Education. Please have your student give their box tops to their science teacher to be entered into a contest.

Rewards are as follows:

10=one ticket into drawing for pizza party.

100=candy bar (+10 tickets into pizza party drawing)

500=\$10 gift card to Cinema Carousel Theater (+5 candy bars and 50 tickets into pizza party drawing).

Tickets accumulate throughout the year so you have until the end of the year to collect 500. If you ask neighbors, grandparents, and other relatives to collect them for you, you will have no trouble collecting 500!



8th Grade Washington DC trip info and sign ups will be sent home this week. Fundraiser info will be sent home as well.



8th Grade ELA: Eighth grade English/Language Arts will open January with a speech unit, while also weaving in a further love for chosen literature. The purpose of this unit is to give students experience speaking in front of their peers prior to their research speeches at the end of the year. Additionally, we will introduce our To Kill a Mockingbird unit.

7th Grade ELA: Seventh grade language arts students will focus on informational reading strategies using a wide variety of high-interest articles. Students will learn to analyze text features, determine the author's purpose, and make text-to-self and text-to-society connections. Our unit culminates with articles, debates, and argumentative essays on whether insects are a viable protein alternative and whether older students need recess.

6th Grade ELA: The plot thickens in January when we set out to solve a mystery. We will be introduced to five suspects and will have to determine who is guilty of Haunting the Peabody Mansion. Our journey will take us through a scrapbook belonging to a girl who mysteriously vanishes, a Pleasantview newspaper, and some interesting articles and artifacts included in each. There are twists and turns and evidence around every corner, but only one suspect will ultimately be found guilty. Will the guilty party be identified and will justice prevail?

SOCIAL STUDIES

The **8th grade social studies classes** recently finished up a 5 paragraph, historical essay. The students did a nice job on it, and will complete another later in the year. We are now turning our focus to the expansion of the United States and talking about topics such as Manifest Destiny, the Gold Rush, and moving West. We're excited for it!





December brought the beginning of the second trimester. Mrs. Opiela and Mrs. Butterfield have been working on new schedules, making adjustments to best support our students at MSMS.

All 8th grade students will be reviewing their Educational Development Plan in Career Cruising, exploring different careers that fit their individual interests. 7th grade Tech Ventures students will be doing the same, as they work in Career Cruising for the first time. Please consider talking to your child about careers. These activities always prompt some great conversations about post-secondary plans for students and middle school isn't too early to start those conversations.

Throughout January, the counselors will continue meeting with students to check in on how the year is progressing. As a reminder, Mrs. Opiela works with student last names A-K, and Mrs. Butterfield sees students with last names L-Z. Stop in and say "hi!" They look forward to seeing you!

Be respectful to all people,
and be respectable in all
situations. Do what is right, do
what is best, and never accept
anything less. Always be
yourself, always take the high
road, and always show class.
Take pride in the way you act.





STUDENT ILLNESS INFORMATION

It can be difficult to decide whether to keep your child home or send them to school, especially when you are worried about their attendance. We hope this will help you navigate through the decision making process.

From the Michigan Department of Health and Human Services and the Michigan Department of Education:

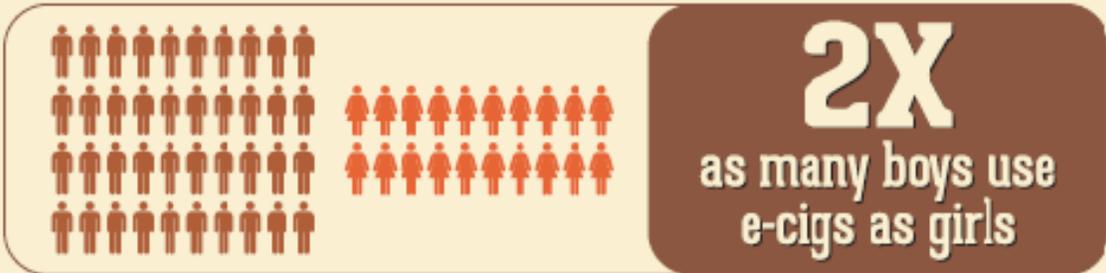
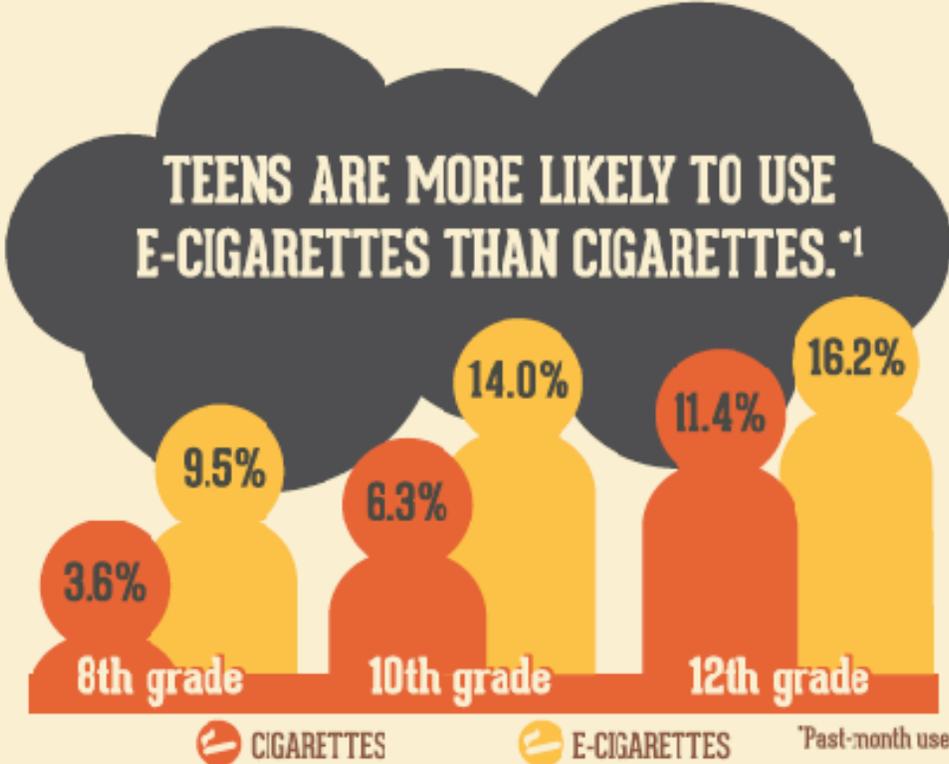
- **FEVER:** A child has a fever of 100° F taken by mouth or 99° taken under the arm. The child should not return until 24 hours of no fever, without the use of fever-reducing medications.
- **DIARRHEA:** A child has two loose or watery stools, even if there are no other signs of illness. The child should have no loose stools for 24 hours prior to returning to school. Exception: A healthcare provider has determined it is not infectious.
- **VOMITING:** A child should have no vomiting episodes for 24 hours before returning.
- **RASH:** A child develops a rash and has a fever or change in behavior. The child should be rash and fever free. Exception: A healthcare provider has determined it is not infectious.
- **LICE:** A child has lice or nits. The child must be free from all lice and nits before returning to school or riding school bus. The child will check in at the school office before returning to class.

I NEED TO STAY HOME IF . . .

I HAVE A FEVER	I AM VOMITING	I HAVE DIARRHEA	I HAVE A RASH	I HAVE HEAD LICE/NITS	I HAVE AN EYE INFECTION	I HAVE BEEN IN THE HOSPITAL
Temperature of 100° or higher	Within the past 24 hours	Within the past 24 hours	Body rash with itching or fever	Itchy head, active lice or nits	Redness, itching and/or "crusty" drainage from eye	Hospital stay and/or ER visit
I AM READY TO GO BACK TO SCHOOL WHEN I AM						
Fever free for 24 hours without use of fever-reducing medication (i.e. Tylenol, ibuprofen)	Free from vomiting for at least 2 solid meals	Free from diarrhea for at least 24 hours	Free from rash, itching or fever, or I have been evaluated by a healthcare provider and it's not contagious.	Treated with appropriate lice treatment at home and proof is provided to the office. Office verifies nit-free.	Evaluated by a healthcare provider and have a note to return to school.	Released by my healthcare provider to return to school.



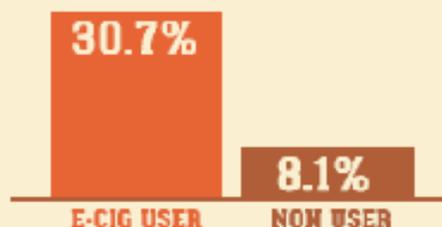
Teens and E-cigarettes



TEEN E-CIG USERS ARE MORE LIKELY TO START SMOKING.*²

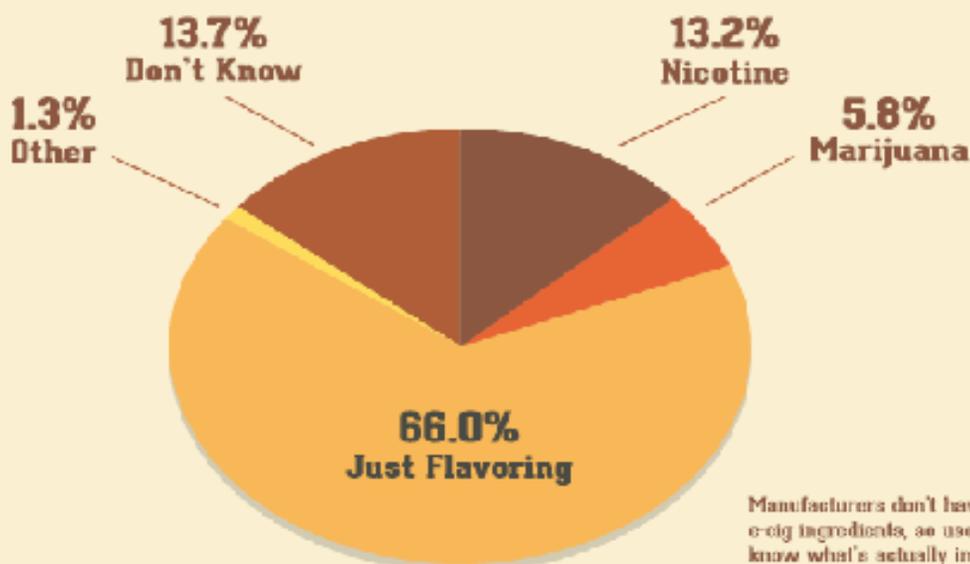
TEEN E-CIG USERS ARE MORE LIKELY TO START SMOKING.*2

Start Smoking Within 6 Months



*Includes combustible tobacco products [cigarettes, cigars, and hookahs]

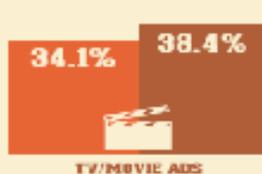
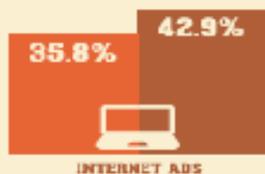
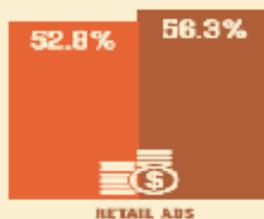
WHAT DO TEENS SAY IS IN THEIR E-CIG?3



HIGH TEEN EXPOSURE TO E-CIG ADVERTISING¹



7 in 10
exposed to ads



● MIDDLE SCHOOL STUDENTS ● HIGH SCHOOL STUDENTS



NIH National Institute on Drug Abuse

1. MTE_2015; 2. Leventhal_2015; 3. Singh_2016



Sailors have ownership, engagement, gratitude, service, respect, compassion, attitude, disciplined, integrity & success.

