



South Central Community Unit School District 401

Kerry Herdes, Superintendent

Kinmundy, IL 62854

618-547-3414

Schools:

South Central High School

South Central Middle School

South Central Elementary School

Dear Mr. /Mrs. _____:

South Central school district offers individual and group counseling services to all its students. Students may wish to see the school counselor for a variety of reasons including but not limited to: concerns about self-esteem, coping skills, stress management skills, peer interactions, anger management, divorce/separation/loss, and social skills. Students may be referred to the school counselor by parents, teachers, staff, principal, or self. Students who wish to see the school counselor on an ongoing basis must have a signed consent on file.

All content within sessions is kept confidential with the exception of threats to hurt his/herself or someone else, or if the student reports any form of abuse. As a mandated reporter, I am required to report disclosures of abuse or neglect to the Department of Children and Family Services (DCFS).

It has come to my attention that your son or daughter may benefit from counseling services in the school regarding struggles in the classroom or at home. I am requesting consent to speak to them further regarding any struggles or troubles they may be experiencing. If you have any questions or concerns or wish to discuss the student's general progress, I may be reached at 628-547-7696 ext.220 (elementary) or ext.105 (middle school), or llash@southcentralschools.org.

Sincerely,

Lindsay Lash, MS; LPC

I _____ give consent for _____ to see the school counselor.

Signature: _____ Date: _____

Phone Number: _____ Email: _____