PORTSMOUTH WEST ELEMENTARY 2018-19 LUNCH MENU

This institution is an equal opportunity Provider.

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MONDAY					TUESDAY							WEDNESDAY							THURSDAY							FRIDAY							toas	st, s	crar	nble	ed e	rend ggs,			Ad	ut				
HAMBURGER ON BUN OVEN FRIES, KETCHUP VEGETARIAN BEANS BROCCOLI W/RANCH MANDARIN ORANGES							CHEESE BREADSTICKS W/ MARINARA SAUCE TOSSED SALAD W/RANCH GREEN BEANS PEARS						CE	PIZZA CELERY W/PEANUT BUTTER FRESH FRUIT VEGETABLE							CHICKEN NUGGETS SWEET POTATO TOTS CUCUMBER SLICES , RANCH WG ROLL RAISINS COOKIE						1 1	WALKING TACO LETTUCE, TOMATO, CHEESE TORILLA CHIPS, SALSA, RE- FRIED BEANS CORN PEACHES						Bagels,muffins, Juice, fresh fruit Ext BREAKFAST IS SERVED FREE TO ALL STUDENTS							Extr All m with	ne				
MENU #2	CORN DOG W/MUSTARD BROCCOLI W/RANCH VEGETARIAN BEANS ORANGE WEDGES							GRILLED CHEESE SANDWICH SOUP W/SALTINES CARROTS/RANCH PEARS						PIZZA TOSSED SALAD, RANCH CUCUMBER SLICES PEACHES							0	BAKED SPAGHETTI GREEN BEANS VEGETABLE Garlic toast COOKIE APPLE SLICES						1	POPCORN CHICKEN WHIPPED POTATOES CARROTS BROCCOLI ROLL MANDARIN ORANGES						 Washington-Nile Local Schools antee the absence of trace am tential allergens not listed on f Menus are subject to change d ability of foods and unplanned ings. 									fo		
MENU	MACARONI W/CHEESE GREEN BEANS CARROT STICKS								HAMBURGER ON BUN KETCHUP, MUSTARD SWEET POTATO TOTS							PIZZA CELERY W/PEANUT BUTTER TOSSED SALAD W/ RANCH						1	SOFT TACO LETTUCE, CHEESE CORN							CHICKEN NUGGETS OVEN FRIES RED AND GREEN PEPPER						*A doctor's statement is requ annual basis for children with								rin 1 a		
# 3	RANCH							100	BROCCOLI							VEGETABLE							REFRIED BEANS							STRIPS, RANCH ROLL						ı.			-	Addi	tion	al m	enu	Item	s av	ai
	PEARS COOKIE							APPLESAUCE						FRESH FRUIT						- 10	ORANGE WEDGES COOKIE							FRUIT										н	amb	urge	es N	ion, \	Wed	LI		
-	GRILLED CHEESE SANDWICH							CH	CHICKEN DRUMSTICK							PIZZA							CHICKEN SANDWICH							TURKEY SANDWICH W/							Chicken Sandwiches									
JEN I	WAFFLE FRIES STEAMED BROCCOLI							VEGETARIAN BEANS CARROTS, RANCH						CELERY W/PEANUT BUTTER TOSSED SALAD W/ RANCH							LETTUCE AND MAYO WHIPPED POTATOES							RED AND GREEN PEPPER STRIPS								L			Pizz	2 600	ery d	ay				
74	COOKIE FRESH FRUITT							MANDARIN ORANGES ROLL						FR	FRESH FRUIT							GREEN BEANS FRUIT						-	RANCH CHEETOS FRUIT													wes	tsei	na		
St. Hittarin	CHEESE BREADSTICKS W/ MARIMARA CAULIFLOWERR AND CUCUMBER SLICES RANCH APPLE SLICES							BAKED SPAGHETTI GREEN BEANS ROLL APPLESAUCE COOKIE							CE BU TO	PIZZA CELERY STICKS W/PEANUT BUTTER TOSSED SALAD W/RANCH FRESH FRUIT							POPCORN CHICKEN WHIPPED POTATOES STEAMED BROCCOLI ROLL FRUIT							QUESADILLA W/SOUR CREAM AND SALSA BLACK BEANS CHIPS W/SALSA RED PEPPER STRIPS, RANCH FRUIT									(/	40)	858	-11	03			
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Breakfast Menu

LUNCH PRICES

Student FREE

Adult \$ 3.25

Extra Milk \$.75

All meals served with 8oz milk.

- Schools cannot guar-race amounts of po-ted on food labels.
- hange due to avail-planned school clos-
- is required on an en with allergies.

tems available: on, Wed, Fri es Tues & Thurs ry day

westsenators.org

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