

Local Wellness Policy Progress Report

District Name: Decatur ISD

Wellness Policy Contact: Michelle Wooten

Date Completed: 1/10/22

This tool is to document progress in meeting the goals written in the district’s wellness policy at each school building. Document steps that have or will be taken to accomplish each goal. In the “Contact Person” column identify the individual who can report on the goals’ progress. The items that are completed at the district level should be pre-filled to inform all school staff of the implementation status of those goals. Add more lines for goals as needed.

Nutrition Education and Promotion Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goals and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
<p><i>Goal1: Decatur ISD food, service staff, teachers, and other district personnel consistently promote healthy nutrition messages in cafeteria, classrooms and other appropriate settings.</i></p> <p>1. Nutrition education is offered at each grade level as part of a sequential, comprehensive, standards-based program designed to provide students with the knowledge and skills necessary to promote and protect their health.</p>	Michelle Wooten (Asst. Superintendent of Teaching and Learning)	x			Nutrition education is part of the science curriculum and is offered at each grade level as part of a sequential, comprehensive, standards-based program designed to provide students with the knowledge and skills necessary to promote and protect their health.	We will reevaluate in May for future changes needed such as exploring additional lessons and activities that incorporate nutrition education into math, reading and social studies.
<p>2. The School Breakfast Program (SBP)</p>	Child Nutrition	X			The SBP encourages the consumption of healthy balanced meals daily, providing menu signage and posters throughout the cafeteria, to encourage healthy choices & participation. National School Breakfast	We will continue the use of posters, signage, etc to expand the number of students consuming reimbursable meals.

					week is implemented to engage with students and allows them to participate in learning more about healthy choices.	
3. National School Lunch Program (NSLP)	Child Nutrition	X			National School Lunch Week is implemented to create fun and excitement for students to become more aware and excited about food choices at school.	We will continue the use of national lunch & breakfast week to expand the number of students consuming reimbursable meals.

Physical Activity Goals

District Wellness Policy Goals <i>Goal 1: The District shall provide an environment that fosters safe, enjoyable, and developmentally appropriate fitness activities for all students, including those who are not participating in physical education classes or competitive sports.</i>	Contact Person	Fully inPlace	Partially in Place	Not in Place	List steps that have been taken to implement goal and In accordance with law , physical education and physical activity components will meet required amounts of time	List next steps that will be taken to fully implement and/or expand on goal.
	Michelle Wooten & Campus Administration	X			<p>Elementary students (grades 1-5) will participate in organized Physical Education classes for 135 minutes per week. In addition, there is a minimum of 30 minutes of recess per day.</p> <p>Middle School (grades 6-8) students will be enrolled in Physical Education class for four (4) semesters.</p> <p>High school students (grades 9-12) will be enrolled in one credit of Physical Education per District policy. Federal law requires that the District establish goals for physical activity in its wellness policy.</p>	<p>We will reevaluate in May for future changes needed.</p>
1. <i>Goal 1: The District shall provide an</i>	Campus				Field Days	

<i>environment that fosters safe, enjoyable, and developmentally appropriate fitness activities for all students, including those who are not participating in physical education classes or competitive sports.</i>	Admin	X			Walk for Texas Competition Clubs & Organizations Participation in addition to physical education classes Partnerships with community and/or competitive sports during the school year.	We will reevaluate in May for future changes needed.
2. Goal 2: Fitness Gram <i>In accordance with TEA, the district shall annually assess the physical fitness of students enrolled in grades three or higher and provide the results of individual student performance on the administered physical fitness assessments to TEA</i>	Debbie Boatright (Director of Assessment and Accountability)	X			Physical Fitness Assessment Initiative (PFAI) is a program designed to collect and analyze required student physical fitness data.	We will reevaluate in May for future changes needed.

Other School Based Activities Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goals and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
<i>Goal 1: In accordance with FFA(LOCAL), the District has established the following goals as part of its student wellness policy to create an environment conducive to healthful eating and physical activity and to promote and express a consistent wellness message.</i>	Brandi Taylor- District Nurse	X			Decatur ISD campuses will provide vision, hearing, acanthosis and spinal screenings per state law.	We will reevaluate in May for future changes needed.
2.						

Standards and Nutrition Guidelines for All Foods and Beverages *Sold* to Students During the School Day

(e.g. vending, school stores, etc.)

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goals and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
<p>1. Competitive Food (Includes Both Food and Beverages): Foods and/or beverages sold to students that compete with the school's operation of the NSLP and/or SBP. This definition includes, but is not limited to, food and/or beverages sold in a meal service line, in vending machines, in school stores, or as part of fundraisers</p>	Shelly Laaser (Director of Child Nutrition)	X			Following the guidelines provided in the NSLP Handbook: Administrator's Reference Manual from Section 22. Providing certain approved beverages and snacks during the lunch service.	We will reevaluate in May for future changes needed.
<p>2. A La Carte: Individually priced food and/or beverage items sold during the meal service by the school nutrition program. These items may or may not be included in a reimbursable meal.</p>		X			Following the guidelines provided in the NSLP Handbook: Administrator's Reference Manual from Section 22. High school is provided with access to a vending machine and/or the bistro, for purchasing additional food and/or beverages outside of a reimbursable meal.	We will reevaluate in May for future changes needed.

Standards for All Foods and Beverages *Provided* (not sold) to Students During the School Day (e.g. class parties, foods given as reward, etc.

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goals and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
<p>1. Child Nutrition does not participate in any food or beverages(not sold) being given as</p>	Shelly Laaser (Director of Child Nutrition)			X	This section is not a part of the food service program.	We will reevaluate in May for future changes needed.

rewards, parties, etc.						
2.						

Polices for Food and Beverage Marketing

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goals and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Competitive Food Rule: Another term used in reference to the Competitive Food Nutrition Standards for foods sold during the school day on the school campus that are not part of the reimbursable meal. The Competitive Food Nutrition Standards are based on the Recommended Dietary Allowance (RDA) which is designed to help consumers use food label information to plan a healthy diet	Shelly Laaser (Director of Child Nutrition)	X			Following the guidelines provided in the NSLP Handbook: Administrator’s Reference Manual from Section 22.	We will reevaluate in May for future changes needed.
2.						

This institution is an equal opportunity provider.