

Section I: School Information

School Name:	Hazen Elementary School
School LEA Name:	Hazen School District

School Year:

2016-2017 ▼

Section II: Needs Assessment**School Health Index Assessment**

- ☒ Check box if completing the SHI Assessment online
- ☐ Check box if the school completed the pdf version of the SHI Assessment, upload the Completed Overall Score Card and the School Health Improvement Plan to the Health & Wellness Folder.

If completing the SHI Assessment online you must provide a Reference Number.

Reference Number:	haze295217
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Body Mass Index (BMI)

- ☒ The school can verify the analysis of the School Level Body Mass Index screening data conclusions.

Description/Conclusion

The latest BMI results from 2014-2015 were: 13.5% were overweight; 28.4% were obese; Total was 41.9% overweight and obese.

Other health and wellness related data (Optional)**Description/Conclusion****Section III: Health and Wellness Goals**

(Provide a detailed description of each required activity)

Goal 1: How will the LEA provide coordination and support to create a healthy nutrition environment for students?

Activity	Person Responsible	Timeline
Food Service menus will be reviewed to ensure healthy food choices are being offered.	Tiffany Glover	October 2016 December 2016 March 2017 May 2017
The Wellness Committee will review and update the current Wellness Policy.	Tiffany Glover	May 2017
Instruction of nutrition/health education will be taught according to state academic requirements.	Tiffany Glover	May 2017

Description

The Wellness Committee will meet at the end of each nine weeks with the food service director to review menus to ensure healthy food choices are being offered, and the menu items are appealing to students.

The Wellness Committee will work with the District Wellness Committee to review and update the current wellness policy.

Teachers in each grade level K-8 will coordinate and teach nutrition/health units based on the state academic requirements.

Goal 2: How will the LEA provide coordination and support to create an environment that promotes physical activity and provides quality physical education for students?

Activity	Person Responsible	Timeline
Students receive above the minimum amount required by the state for physical education instruction.	Tiffany Glover	May 2017
Students receive a total of 40 minutes of physical activity per day.	Tiffany Glover	May 2017
The school coordinates with local youth programs that provide football, basketball and baseball/softball for elementary students.	Tiffany Glover	May 2017

Description

Students in grades K-6 receive 45 minutes of Physical Education per week (only 40 minutes is required). Students in grades 7-8 receive 4005 minutes of Physical Education per year and only 1440 is required.

All students in grades K-8 receive 20 minutes of physical activity before school and another 20 minutes at lunch. This provides them with 200 minutes of physical activity per week compared to the required 90 minutes.

Some students in grades 7 and 8 receive additional physical activity through interscholastic sports (football, basketball, baseball, softball, track)

Some students in grades K-6 receive additional physical activity through local youth sports programs.

Goal 3: How will the LEA promote a healthy school environment that promotes learning throughout the school culture?

Activity	Person Responsible	Timeline
Professional Development will be offered to teachers on area of health concerns.	Kim Anderson	June 30, 2017
The school will involve parents and community in planning and implementing the wellness policy.	Tiffany Glover	June 30, 2017

Description

Teacher will be provided professional development on students with asthma.

Teachers will be provided professional development on working with students with food allergies.

The school will use the website to communicate with parents about health issues, and provide information to parents on health related topics.

Parent will be asked to volunteer for activities related to health and fitness at the school. (Color Run, Field Day)