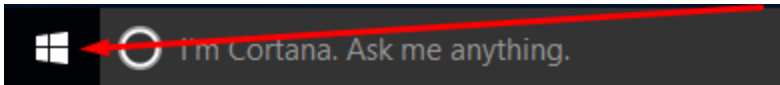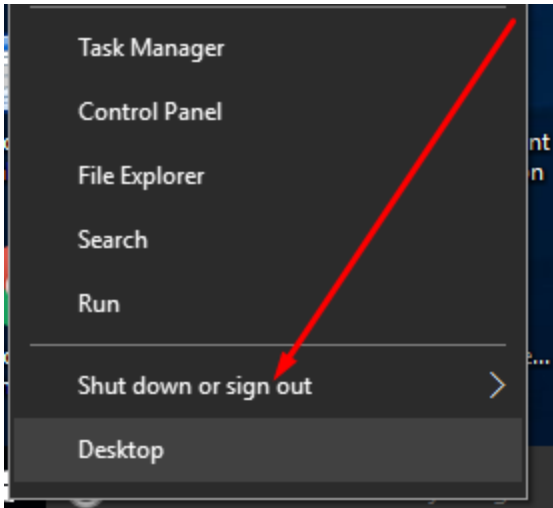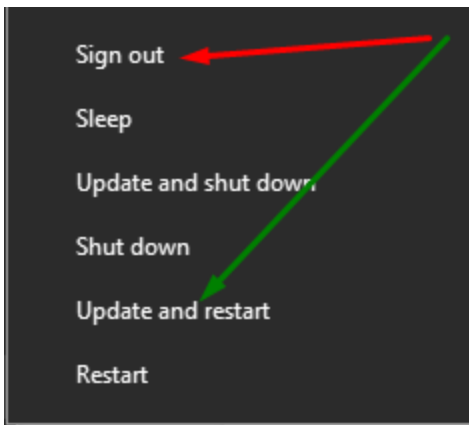When you are ready to log off, RIGHT click on the start button:

Left single click on "Shut down or sign out":

If time permits, left single click on "Update and restart", otherwise click on "Sign out":

You are now signed out.

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As an alternative method, you may press CTRL-ALT-DEL (AKA Three Finger Salute) and click on "Sign Out" in the middle of the page.