

When Is Sick Too Sick for School?

I need to stay home if ...	I'm ready to go back to school when I am...
I have a fever of 100.4 or higher.	Fever free for 24 hours without the use of fever reducing medication.
I vomited within the past 24 hours.	Free from vomiting for at least two solid meals.
I had diarrhea within the past 24 hours.	Free from diarrhea for at least 24 hours.
I have a body rash with itching or fever.	Free from rash itching or fever. I have been evaluated by my doctor if needed.
I have active head lice.	Treated with appropriate lice treatment at home and contacted the school nurse first.

Information about illness and exclusion from school

Is your child sick? Is it a cold? Is it COVID? Woodlynn School recommends the following:

Parents should not send students to school when sick. Students with the following symptoms be kept from school:

- *At least two of the following symptoms: fever (measure or subjective), chills, rigors (shivers), myalgia (muscle aches), headache, sore throat, nausea or vomiting, diarrhea, fatigue, congestion or runny nose; OR*
- *At least one of the following symptoms: cough, shortness of breath, difficulty breathing, new olfactory disorder, new taste disorder.*

Please keep your child home if they are ill. If you are keeping your child home because of illness, please call me to discuss at **856-962-8822 ext 124**.