

MAY 2019

Tri-Valley High School

Over summer break, try to make one "better for you" choice every day! Choose a fresh fruit or vegetable over a salty snack, and try to incorporate physical activity into your daily routine!

Monday

Tuesday

Wednesday

Thursday

Friday

1
Grilled Chicken Sandwich
Macaroni & Cheese
Mixed Vegetables
Orange Wedges
Milk

2
Bacon Cheeseburger
Hot Dog
Tater Tots
Strawberries
Milk

3
Bosco Sticks w/Marinara
Deli Sandwich
Garden Salad
Peaches
Milk

6
CHEF'S CHOICE

7
CHEF'S CHOICE

8
CHEF'S CHOICE

9
CHEF'S CHOICE

10
CHEF'S CHOICE

13
ENJOY

14
YOUR

15
SUMMER

16
BREAK

17
!!!

20

21

22

23

24

27

28

29

30

31

Menu Subject to Change
Fresh Fruits and Vegetables Available Daily